

Alexander Usanin

Spiritual unification
of the World



world. You can believe in them or not. You can like them or not. But they are immutable as, if you like, the law of Universal gravitation..."

Bishop Yegoryevsky Tikhon
(Shevkunov)

Introduction

Now it is time to change the course of human history for the better. Today we have access to the knowledge that makes this task achievable. As predicted, humanity must be spiritually elevated by the new concept of life that unites all people.

We live in a unique time. Science is finding new evidence to support knowledge from long ago. For example, in the past, healers were using a ritual to heal or make a person's wish come true. They would pray over the water, and sometimes they would tell the person to drink it. Other times, they would have him wash a certain part of his body at a specific time; once or repeatedly. However, beginning from the last century, this ritual has been considered to be just a superstition. Now, scientists have discovered that water has the ability to memorize and transfer information, and can react to written or said words¹. Under the influence of certain words, water molecules can bond into certain clusters, or water crystalline structures. These structures work in our body at the cellular and energy levels. They can influence the body's health, consciousness, and even a person's destiny.

The same mechanism works in consecration in different religions, and also in a tradition to make a toast with kind wishes.

According to the result of researches, physicians began to recognize that protons and electrons are not the particles of matter but the vortices of non-material energy, and that everything in the Universe is made out of unified energy. The same the Einstein's unified field theory says. The same all the sacred scriptures say: everything that exists is the spiritual energy, is Brahman.

Now all the people live in anticipation for the promised epoch of spiritual revival that is called the Age of Aquarius. But instead of spiritual revival we see the total degradation: wars, gay parades, alcohol and drug additions, pedophilia etc.

The rapid polarization of the society happens on the spiritual level: on the one hand all the information, any, even sacred knowledge is available for the spiritual growth, with the freedom of information, which used to be blocked, a person can spiritually grow today with the speed he chooses himself.

But on the other hand he can degrade very quickly and the tolerant society will not try to stop him: if he wants to be a gay, a pedophile or a drug user, then let him be: that's his personal choice of life. In some countries and some US states, drugs became legal now. And this, the second category of people, who ruin themselves and the others with their actions, is the reason that today humankind is on the edge of economical, ecological and social catastrophes.

Now, when there is an open access to any of the information, it is clear that all the

¹Please refer to the research of V.I. Vernadsky and Emoto Masaru

religions talk about the same subject by the different words, and the main meaning of it, being put into the different forms, is: we all are the particles of Unified God, and a human being is not a body but a soul, living in a body, and has an eternal nature.

Everyone knows about the prediction and the prophecy about the coming time when a big spiritual progress will happen on our planet, about the salvation coming in a form of a new spiritual teaching that will be a revival of the old spiritual knowledge. At the same time, it is very important to give the right definition of spirituality, as today the meaning of spirituality broadened up to a wide range of experience, including even the theatre attendance.

The spirituality is a condition of a person's inner unity with the entire world around, the sense (or at least the understanding) of interdependence of all the living creatures, from the perspective looking at them as children and particles of the Supreme Being – A Single Entity. The spirituality brings the state of happiness (I am a part of the Supreme Being and live in harmony with Him)

The spirituality is when a person does not prioritize himself before others and considers interests of others as his own.

Now many people have become very religious from the outside perspective but at the same time they put themselves in opposition to the others for the variety of disagreements: religious, financial, political, gender, social, national, etc., showing up their inner lack of spirituality. That is, in fact, people are now separated like never before, but under the banner of religion the most inhuman crimes are often committed.

It's time to show the world the new universal civilization idea that can consolidate the society, giving to the world the spirituality in its pure form, devoid of any separating us dogmas. It's time to establish the spiritual and ideological platform that will unite all religions, science and the whole mankind.

The Holographic Principle of the Universe and the Human Society

“A great future is opened to a man - if only he will not direct his mind and work to self-destruction” V. I. Vernadsky

“The new era will include people who will learn to cooperate, taking the interests of others as their own”

Konstantin Tsiolkovsky

Every year more and more scientists are coming to the conclusion, that the world around us is based on the holographic principle. What is the holographic principle? If you cut a person's photo, then his head will be on the one half and his legs will be on the other one. But if you break the holographic plate in half - on each of its halves there will be the original full three-dimensional image of the person, only in a reduced form. You can break the holographic plate indefinitely, and each part of it will contain the whole image of the person, that is, to carry full information about the original object.

The holographic principle of the Universe means that every part of the Universe at any given time contains complete information about all that exists. Scientists have established that every cell of the body at any given time possesses FULL information about the entire body, so that from any single cell you can grow the whole body.²

There is also the unity at the level of information field, as it was spoken by Carl Jung. Single information field of the Earth unites the information and the bio-fields of all the living beings on this planet. Because of this phenomenon, people with extrasensory abilities know how to "read" the information, tuning into the information field of a certain person. The same phenomenon manifests itself in solving any problems: the answer, as they say, "hovers in the air", and appears in the mind of different people who tuned to the same wave, in case the solution for this question has been already found by someone. Many scientists know that if they discovered something, they need to quickly get patent for it, otherwise someone else will do it in a month or so, "because the same thought comes simultaneously to different people." For example, in 2015 the Nobel Prize in Chemistry was shared between three scientists who came with the same discovery about DNA structures independently from each other.³

The Earth's information field unites all the creatures' bio-fields, including animals, as it can be seen from such a phenomenon as the "one hundredth monkey effect": when scientists taught 100 monkeys on one of islands how to wash sweet potatoes before eating them, then all the monkeys living on another island began to wash it also. The positive

²As an example of this might be the famous Dolly lamb, which has grown from one cell, thanks to the complete information contained in its DNA - from the structure and location of its internal organs, to the conditions in which it can live.

³Tomas Lindahl from Sweden, Paul L. Modrich from USA and Aziz Sançar from Turkey were awarded the Nobel prize for having discovered how cells repair their DNA.

emotion ("That's really tastes better!"), being reinforced by a large number of simultaneous conscious actions, through vibratory channels, transforms into a stable thought-image that later encourages other monkeys to wash sweet potatoes too, making this knowledge come to them from within.

Do you know where the healers' expression "you know it as if you've been looking into the water" did come from? It came from the time when people had the ability to read the information directly even from the water. By just looking at the water which have been kept at night near the sleeping person and being charged with his energy, the healer could make an extremely accurate diagnosis and tell almost everything about this person: about his way of life, habits, occupation ... So all the information about the person is stored in his bio-field, and the bio-field of any person affects the world around him.

In 1963 the meteorologist Edward Lorenz shocked the world by saying that even small events on one end of the world affect the natural big processes in other parts of the planet. All this proves that we are the parts of Living Unity, a single energy-informational system, although we consider ourselves separated from each other on external level.

Many scientists talk about the holographic structure of the Universe: the pioneer of the quantum physics, Einstein's student and follower David Bohm; the famous neuroscientist Carl Pribram; Professor Skenderis and Dr. Marco Caldarelli from the University of Southampton; Dr. Joan Camps from the University of Cambridge and Dr. Blaise Goutéraux from the Nordic Institute for Theoretical Physics, Sweden; the famous Dutch physicist GT Hooft and others.

According to a number of recent scientific studies, the Universe is a giant hologram, where even the tiniest part of the image carries the information about the entire picture of being, where everything is interconnected and interdependent.

In this respect the ancient Chinese philosopher Lao Tzu said that there is no need to leave home to understand the world: the features of the Universe are reflected or repeated in everything around us, including our body.

Our body is as a microcosm, a reduced copy of our Universe. It is ruled by exactly the same laws as the surrounding world. At the same time, our inner and external worlds are closely related, as different levels of unified energy-informational system, which acts as an educational institution for those who didn't come to the perfection yet.

The Absolute Truth manifests itself at the different levels of the holographic principle. As individuals, we are particles of another, Supreme Personality. It can be explained this way: one computer program (a person) is a part of the other one (God). As the different memory cards can be parts of the one computer memory, as well as all our knowledge is a part of God's knowledge. His memory stores the endless information about everything that ever happened on different planets, in different worlds, as well as all the data about what is happening right now.

The perception of God in separation from His energies (including separation from this material world) is not complete and is not the right perception of Truth. Perception of something in separation from God is atheism or paganism. All things are parts of the energy of the Supreme Personality, and therefore should not be seen separately from His being, just like a body part can't and shouldn't be seen as a separate one from the whole organism. Perception of everything in connection with the Supreme Personality, as everything being His integral part and acting under His guidance, is the Supreme Truth.

Different fragments of Unity are energies and personalities from the different levels.

Unity itself is God, the Supreme Personality, manifested in an infinite number of parts, in the other energies which are subordinated to Him, or personalities, who might also be perceived as independent or separate Gods. Worship them separately from the Supreme Being, singling them out of Unity is paganism. Paganism is the perception or worship of any person or energy without realizing their subordinate position to the Supreme Personality.

Slavic Vedas (Veles Book, plaque 30) explain this moment as follows: "If there is any kind of messy person, who will recount those Gods, separating them from Svarog, he will be taken out of his family clan, because we don't have any other Gods except Vyshen'. Svarog and others are the Multitude, because God is One and is Multiple. Yes, none divides that Multitude and say that we have many Gods! "

Everything around us, all beings are parts of the Single Organism, the Personality of God. And no one should prioritize one part of a single organism before others. The fifteenth chapter of Bhagavad-gita is dedicated to the awareness of a man as a part of the Supreme Being. God says in it: **"All the living beings are my eternal, integral parts ..."**

We all are fragments of the Single infinite Intelligence, the Supreme Personality of God, being able to move around inside of Him, as some program files in a single computer program, or like blood cells in different parts of body. Ability to move around in the different worlds (in the different parts of the Supreme Personality) depends from the level of our aspirations, from the ability to build the harmonious relationships with all the parts of God around us, or, in simple terms, from the degree of disclosure in our hearts of our love to the Supreme Personality of God. Archangels, angels are the beings with closer aspirations to the Supreme Being and therefore they can freely move around in the different worlds.

The fact that God exists not somewhere apart from us, but He is around us, the Bible says: **"For in Him [in Lord] we live, and move and have our being ..."** (Acts 17:28)

God hears our prayers, even if we say them in mind, because we are His parts, our knowledge is a part of His knowledge, and our feelings are parts of His feelings. He knows us from within and outside much better than we even know ourselves. He is our best friend, just like us loving every part of our body, even having it sick. Disharmonious state of consciousness can be compared with a temporarily ill part of the body, but God continues to love it and take care of it, to help it return again to a healthy and harmonious relationship with Him.

We are parts of the Living Unity. Those particles, that decide to go against others, being infected with egocentrism, start to play the role of sick cells in the body of society or the Universe. Konstantin E. Tsiolkovsky emphasized, that only those people will enter a new era, who will learn to cooperate with each other, seeing the interests of others as their own.

The Three bodies. The Educational System of the Material world.

The material world is an educational system in which a person, as a part of the Supreme Being, learns to interact with His other parts. In this educational energy-informational system, the soul is being trained in the main three "bodies" (fields of activity):

- 1) in the physical body, that we see in the mirror;
- 2) in the body of society (social organism);
- 3) in the body of the Universe, i.e. in the cosmic body, which is the material manifestation of the Supreme Being.

All these three bodies are connected with each other by the holographic principle, that is, they all obey to the same laws, to the same principles, that were described in the Eastern teachings as a link between micro- and macrocosm. To be more precise, three of these bodies, in which the soul sequentially undergoes spiritual training (learning about harmonious interaction with others in love), are different levels of the single energy-informational system. That is why they have the same laws.

Just as a human body could develop different diseases, could be contaminated with parasites due to the metabolic disorder caused by irregular pH balance, the same could happen in the social organism, due to the broken exalted relationships between people, caused by distortion of life values which allows the appearance of public parasites and many social diseases: extramarital affairs, corruption, terrorism, crime of all kinds.

Because the spiritual life is the life of relationships, and the spiritual progress is the progress of relationships, the soul undergoes the main training in the body of society. And since all these bodies are parts of a single system, the change in relationships between people also affects the physical body of a person and the body of the Universe. Therefore we come to the simple and easily proven in everyday life conclusion:

Everything that improves relationships, improves also our physical health, and all that worsen relationships, also destroys the health. And everything that improves relationships between people is useful for the country, makes it strong and solid; but everything that destroys healthy relationships between people is dangerous for the country or any of groups, associations, communities. (You may call it "Theorem of Usanin" ☺).

For example, alcohol destroys healthy relationships more than anything ("*Wine makes brute and beast out of man*" - Dostoevsky). The vast majority of crimes are committed under the influence of alcohol, and most of the divorces are associated with it too. Therefore, alcohol destroys health. The same can be said about drugs. They destroy healthy relationships at all the levels. Therefore, they destroy health.

Scientists emphasize that the vast majority of diseases (if not all of them) are psychosomatic illnesses that are caused by negative emotions: greed, anger, envy, selfishness, jealousy, rage, self-interest, etc. All these emotions destroy healthy relationships between people. Therefore, they destroy health. For example, anger "hits" a liver (so if a person gets angry or irritated at someone, he says: "he's sitting in my liver!"). Discouragement, resentment toward life, fate and other people's behaviour lead to

oncology. Therefore, in Christianity despondency is considered as one of the deadly sins. In this way, by ruining the relationships with others we destroy our health. What does God teach us by this way? - If you want to be healthy, then take care of your right attitude toward others!!!

Laziness is the one of the manifestations of self-interest and egocentrism, or the mode of ignorance. A man filled with love is tireless in service to others. The egocentrism consequences are illnesses due to sedentary lifestyle.

The same can be said about computer games. Illusory power and control over the situation make individualists out of children and adolescents. They quarrel with their parents and insult them, and there were even cases when parents were murdered by teenagers because computers were taken away from them and they were no longer allowed to play. Computer games, like any addiction, harm relationships, so they are harmful to health. Many hours of sitting by computer weaken vision, distort the spine, lead to blood stagnation, etc.

Since the material world is a school of spirituality, or school of exalted relationships, all the laws of the Universe encourage us to improve our relationships with all around us, with other parts of God, including our smaller brothers - animals.

But if a person resists doing that, then sufferings will come along, with a goal to change a person's way of life. In 2015 the World Health Organization has finally admitted that meat products are harmful to the human's health.⁴

But even before that, in 2006 the Ministry of Healthcare of the Russian Federation published a manual with the speaking for itself title "Prevention and treatment of coronary heart disease with vegetarian diets." This is a disease that vegetarians never have. This is a disease of meat-eaters caused by their heartless, cruel diet. Heart is the home of love. Heart diseases are indicating a lack of our love for those around us.

When a person forgets that he is a part of the Supreme Being and stops to act in harmony with Him, this causes disharmony at each of these three levels (body, society, the world); which entails suffering of three types:

- 1) the suffering of the mind and body
- 2) suffering caused by other living beings (crimes, robberies, wars, etc.)
- 3) the suffering inflicted by the higher forces of Nature (crop failures, droughts, earthquake, floods, etc ...)

That is, the Universe teaches us, first of all, through the body. It's a simple law: if you don't want your body to make you suffer, then don't cause suffering to others!

It is not only the external relations that are important. Stretched smiles and cold politeness, this is not what we are being taught here. We must change not only our behaviour, but, in the first place, our attitude towards everyone around us. We must be filled with gratitude, goodwill and love for the every being.

Negative emotions, which ruin relationships, lead us to diseases. While Love, Gratitude, Acknowledgement heal us. We are healed by emotions that improve relationships. The healing power of Love and positive emotions is well known for everyone. It was the geniality of the Slavic heroes, which made them invincible and increased their

⁴Results of researches of 22 experts from 10 countries, by the data of the World Health Organization

strength tenfold.

Let's emphasize this thought one more time:

Everything that improves our relationships with others, - improves our physical health; everything that destroys our relationships with each other and with Nature, - destroys our health.

The connection of the social organism with the cosmic body is explained in the doctrine of the Noosphere (from the Greek "nous" - mind) by Vladimir I. Vernadsky, who is called today "Lomonosov of the twentieth century." He proved that the human mind is a real and serious force that affects large-scale geological changes in Nature. According to his doctrine, the concept of the noosphere includes the spiritual and cultural aspects of human development (informosphere) and its material and technical achievements (technosphere).

Changing the planet's appearance with the technologies we use, we destroy the natural habitat of many forms of life. But an even more important factor affecting environment is the informosphere, as considered by Vernadsky. That is the condition and aspiration of consciousness of massive groups of people, their general bio-field.

The doctrine of the noosphere explains that the aggressive consciousness of people causes the same aggressive attitude towards a man from the forces of Nature, and vice versa: a harmonious spiritual development raises Nature's concern for a man. Academician Vernadsky emphasised that this truth must be explained to children as early as possible, introducing a noospheric education in schools, explaining that the relationships between people cause the corresponding reactions of the external world.

When people care about each other, considering well-being of everyone as part of their relationship with the Supreme Being, then Nature creates for them the most favourable conditions: the climate on the planet becomes perfect, the Earth gives year-round generous harvests of all kinds, and even land's cultivation is no longer needed. People devote all their time to improve their internal qualities and their relationships with the Supreme Being. But when people quarrel and conflict with each other then it causes a corresponding aggressive effect on them from the forces of Nature: floods, droughts, earthquakes, wars, tsunamis, tornadoes and climatic cataclysms, i.e. what almost continuously happens now on our planet. The more people prioritize own interests before others, the more they have to work just for survival, slaving themselves away. Harsh living conditions force them to cooperate with each other for the sake of survival. Otherwise, without cooperation with each other they would not be able to survive fighting the forces of Nature. By this way Mother Nature teaches us to get rid of egocentrism. In the doctrine of the noosphere Vernadsky scientifically explained the micro- and macrocosmic connection and the dependence of the Nature effects on the people's behaviour, which was also explained in the Eastern spiritual teachings.

Eastern astrology even deeper reveals the connection of micro- and macrocosm in the aspect of laws of destiny. It is the Universal educational mechanism for every individual person and nation. Everybody around us : wife, husband, parents, children, close and distant relatives, co-workers, bosses and power authorities' representatives, beggars on the street, different birds and animals, various plants species and the forces of Nature, all of them are conductors of certain cosmic forces, each of which is associated with a certain planet.

For example, the father is the conductor of the energy of the Sun; the mother is the conductor of the energy of the Moon, these are the most favourable and important planets in the horoscope. If a man honours his parents, cares about them with love, he will be

protected by the energies of these two most important and favourable planets. But if a person does not respect his father, does not care for parents, then the Sun's and the Moon's energies in his life will be blocked. And this, in turn, will cause respective negative changes in his behaviour, in his personality, in his mentality, and later in his destiny.

Besides a father, the conductor of the energy of the Sun for a man is also a head of state, a ruler. If a person is disrespectful to a father or a ruler, then the prosperity given by this planet disappears in his life. This is well known by many people in special services. Therefore, to deprive certain country, they set the people of this country against the ruler, and try to discredit him by many ways.

If people will start to criticize their ruler, then the prosperity and joy in this country will go away, due to the lack of the energy the Sun provides.

Thailand is called a "country of million smiles", because the most joyful and happy people live there. That is for a good reason: all people in this country are very respectful to their ruler: even if someone just burns a note with the king image, he will face severe punishment, even could be imprisoned. On the other hand, **rulers, taking care of the well-being of the State and their subjects, should not give any reasons for criticism and self-condemnation. For the same purpose, parents, taking care of the children's well-being, should avoid immoral actions, must show them only a good, worthy and kind example.** After all, if the children are taught about respectful attitude towards parents, they receive energies of the Moon (inner balance, peace, tranquillity) and the Sun (stable prosperity, joy).

In a married couple, this educational mechanism of the Universe is revealed as follows: a wife for a husband is the conductor of energies of the Moon and Venus while a husband to a wife is the conductor of energies of Jupiter, Mars and Sun.

The Jupiter is responsible for spirituality. Therefore, if a wife disrespects her husband, then she will not be able to grow spiritually, and her children, educated on such a bad example, will have hard time to achieve prosperity, success and a good fate in life. But if a woman creates in her house the atmosphere of love and cosiness, treats her husband with warmth and gratitude, then she spiritually grows and in the same time it brings a happiness, good children and financial wealth into her house.

If a man offends a woman, then he deprives himself from conciliation and calm mind, that the energy of the Moon provides, as well as from inspiration and creativity, which are under control of the Venus. Women at all times have been called muses and inspirers, that's why if a man makes a woman happy, he will be filled with creative life-giving energy. Therefore a man should always take a good care to ensure that his woman feels protected and loved by him.

Family is a unit of society. Happy families give prosperity to the State. Unhappy personal relationships bring problems to the whole external world. We live in a closed bio system, and all our thoughts and feelings inevitably affect general information space.⁵

Scientists have calculated that global tragedies taking away a large number of human lives over the past three hundred years: tsunamis, wars, epidemics, tornadoes, earthquakes, happen on the planet every 30 years. Since people have invented refrigerators and refrigerated railroad cars, started to build real death factories - slaughterhouses, since the media started to show mostly a wide variety of negative news,

⁵More in details please refer to the A. Usanin's book «The schedule of school of life»

then the large-scale tragic events, taking away a massive amount of human lives, happens on the planet every 18 months. In most recent time they happen almost every year.

Previously, while there were no refrigerators, people were eating meat two or three times per month. Your grandparents and parents can confirm this. Now meat is eaten within every meal, as it is considered a "food", the rest of it is a "side dish". That's why a half billion of cows, sheep and pigs are being killed annually in slaughterhouses; birds are being killed in the amount of 25 billion per year. Fish is caught and killed annually in trillions, not to mention the millions of animals tortured in the torture camps: medical and scientific laboratories, as well as those being killed for their fur or just for fun while hunting.

According to Vernadsky's doctrine of the noosphere, the bio-fields of all living beings are connected both with each other and with the our planet's bio-field, and all these huge masses of deaths, pains, agonies, sufferings, emitted from the animals' killing, come into surrounding space, and later return to us in forms of tsunami, epidemics and wars.

Slaughterhouses and wars, killing people and animals, showing scenes of violence and debauchery in the media increase aggression in the human society (or, as Vernadsky would say, clog the information sphere, give it a low negative status), that entails an adequate and equally aggressive impact on the humanity from the forces of Nature.

Many experts believe that Vernadsky's noosphere should become the basis for a new philosophical and geopolitical doctrine for our countries, since it harmoniously combines the fundamentals of the material and spiritual growth: as for an individual, so for the whole nation or even for the whole human civilization. Actually, Vernadsky explained in the scientific language the connection between micro- and macrocosm; the connection between our consciousness and all surroundings, which is the essence of all the ancient metaphysical eastern teachings.

So: this entire world, including our material body, is an educational system, where we are being taught, through the body and the environment, of the right relationships with everything around us: if you want to be healthy, then build the right relationships with others! If you want to have a good destiny or favourable soft weather, get rid of selfishness, bad character traits, learn to take care of well-being of everyone around you! This is what they must teach children at schools as the main lesson of "The Basics of Natural History", helping them to achieve the main goal of their life, the spiritual progress and the progress of relations.

The only thing that prevents us from building the harmonious relationships with others is our own egocentrism; the essence of all religions and spiritual teachings of the planet is to transform egocentrism and self-interest into love. Egocentrism (egoism, self-interest) is the concern for an own, individual well-being. While Love is the taking care of others' well-being.

The extreme degree of egocentrism is when a person cares only about himself, putting own interests first. He doesn't want to care about anyone so that even doesn't create a family. He simply uses other people for his own needs, for his own pleasure or his own personal benefit.

Overcoming egocentrism is possible by increasing of love in the soul and by the gradual expansion of understanding of Unity.

The first level of expansion is when a person includes the family in the area of his interests. This person is ready to take care of his loved ones: the family and close friends, prioritizing their interests before the whole world. For the sake of well-being of his children

or his relatives he takes bribes, steals and kills, betrays, sells the state, makes all the rest poor, causes suffering for other families ... Now there are sentimental movies about the killers, who, for the sake of well-being of one poor girl, kill others without regret, and it does not matter how many children become orphans and women - widows.

The second level of expansion of egoism is the identification of oneself with any group, for example, with a certain religion or nation, race.

The third level of increasing love in a person is patriotism. For the welfare of the state he lives in, man is able to cooperate fruitfully with all religions and nationalities living in his country. For example, Americans are almost continuously fighting, destroying the other countries' economies for the sake of well-being of their "nation".

The fourth level is when a person takes care of the whole humankind, prioritizing, however, himself and the people before the other forms of life and before the planet.

The highest manifestation of love is our Love of God. At this level a person perceives everything as a manifestation of God, as His Creation. Then he stops to prioritize himself before someone or something, seeing the manifestation of God in everything, taking care of everyone and all Existing. Our love of God includes everything: our love of those near us, our love of Homeland, of all mankind, of all creatures. This is the essence of spiritual perfection, our love of God, in the bliss of spiritual unity with all Existing.

Modern physicists have established that aspirations and thoughts at the different levels are vibrations of a certain spectrum. That part of the Supreme Being, located in the body, vibrates at the very low level, if it is focused only on sensations of "own" (the closest one) body. Vibration of the soul rises⁶ when it expands its interests to the whole human society or sub-society (family, community, nation). An increase in the level of our aspirations opens up a new level of the world's perception, a new level of awareness of one's own position, own role.

During the spiritual growth and positive changes in the outlook for life, a person begins to play an increasingly important role in the Universe: as well as with a recovery a body cell becomes more and more useful for the body.

The highest level of the world's perception and awareness of its multidimensionality opens up when the soul's interests become united with not only "own" body and society, but also with the interests of God and with the whole Universe.

Now many pseudo-religious teachings have been created on Earth, whose goal, as

⁶According to the researches, the vibrations of negative emotions, generated by egocentrism, self-interest: fear, irritation, grief, resentment produce vibration on average from 0.1 to 2 Hz. But the vibrations of generosity, cordial gratitude, a sense of unity with others, the universal love produce vibration of 140-250 Hz and higher. That's why they are called higher-order feelings: they are higher even according to the physical spectrum of vibrations! (grief produces the vibrations from 0.1 to 2 Hz; fear - from 0.2 to 2.2 Hz; offense - from 0.6 to 3.3 Hz; irritation - from 0.9 to 3.8 Hz; indignation - from 0.6 to 1.9 Hz; short temper - 0.9 Hz; flash of rage - 0.5 Hz; anger - 1.4 Hz; pride - 0.8 Hz; neurotic pride (megalomania) - 3.1 Hz; disregard - 1.5 Hz; sense of superiority-1.9 Hz, gratitude (thanks) - 45 Hz, magnanimity - 95 Hz; cordial gratitude - from 140 Hz and higher; a sense of unity with other people - 144 Hz and higher; compassion - from 150 Hz and higher (but pity - only 3 Hz), love "in head" (when a person realizes that love is a good, bright feeling and great strength, but haven't yet learned to love) - 50 Hz, love, which a man generates with his heart to all, without exception, people and all life, - from 150 Hz and higher; unconditional, sacrificial, universal love - from 205 Hz and higher.

well as the goal of some modern politicians, is the well-being of a certain group of people at the expense of others. While true religion is the one that benefit all living beings.

The Definition of the Ego

Of course, this perfect educational system of the material world could not be created by itself. It is created by The Higher Intelligence which presupposes the presence of a Personality, to which this Intelligence belongs to. The creator of this world is the personality, and the personality assumes the existence of desires. When a person falls in love, then a great happiness for him is to guess and fulfil the wish of a loved one. But the highest happiness is to learn and fulfil the Creator's desire. The Desire of God is already reflected in the very purpose of creation: to teach us Love, i.e. unselfish relationships.

Unfortunately, following the Buddhists, some Christian priests in Western countries begin to speak that God has no personality, but simply an impersonal energy. Energy does not have desires, it should not be loved ... Even some Western psychotherapists, psychologists, following the impersonal theories, say that "all problems come from the ego."

In the reality, only love comes from the Ego. The Ego is a feeling of one's own individuality, understanding that his own personality is different from the others. While egocentrism and selfishness is a "cult of personality", is when we consider ourselves as a "navel of the World," the centre of the Universe, when we consider ourselves better and more important than others, when we prioritize our interests before others. Therefore, you do not need to mix these two definitions: the Ego and egocentrism (selfishness).

The definition of Ego

-from Wikipedia:

Ego (ancient Greek-Εγώ, Latin ego-"I") - according to the psychoanalytic theory, that part of the human personality that is realized as "I" and is in the contact with the surrounding world through the perception.

- from psychological reference books:

1) In philosophy and psychology, the ego is the centre of consciousness and self-consciousness, the subject, opposing the "not-I", to the object. In various idealistic theories, philosophizing begins with the empirical "I" (R. Descartes), the transcendental "I" (I. Kant, E. Husserl) or the absolute "I" (J. G. Fichte, F.W. Schelling). In psychology, the empirical "I" is considered identical to the consciousness and its processes.

2) According to Freud's theory, the Ego is one of three elements of personality, the part that functions in the direct contact with reality.

- Karl Jaspers defines consciousness as:

- 1) the subject's ability to internalize own emotional experiences;*
- 2) the subject's ability to distinguish "I" and the object;*
- 3) the subject's ability to realize his own "I".*

- from the Yoga Dictionary:

The ego is that part of the psyche that is realized as I. Ego is an individuality different from The Higher "I" (Parabrahman)

The false ego is a false identification of ourselves with something that is not us, i.e. with this body. True understanding of who you are, i.e. ego, brings the life in bliss. The false ego is the source of egocentrism and self-interest, and the suffering is associated with it. Sometimes false and true egos are described as two kinds of ego. The first of them studies willingly or reluctantly. It is undeveloped, inexperienced, very talkative and conceited with no reason. It is egocentric, arrogant and aggressive. When they speak about the ego as a source of suffering, they mean the false ego. Another ego is distinguished by development and learning, having various life experiences. People achieved the high degree of enlightenment have this kind of ego. These people are ready to help others, paying no attention to the inconvenience or troubles.

So, the ego is a feeling of one's individuality. Self-awareness. The ability to distinguish oneself from others - "I" from "not I". Without love the Ego simply cannot exist. Because love is the internal UNITY with someone different from us, i.e. with a different personality.

Love exists only in difference of a person who loves from the object of his love. There is a difference between the subject and the object. Without this difference, love or other relationships simply cannot be.

Love is the unity of those who differentiate themselves from others, and this unity is in diversity. The bigger variety equals more opportunities for appearance of love. Therefore the spiritual world is unlimited.

Now it is often possible to hear that thoughts are material, but the truth is that there is no matter. Everything is spiritual. Quantum physicists came to the conclusion that everything surrounds us is a single energy that manifests itself in various ways. The theory of Unified Field of Albert Einstein is saying the same. That is also said in the oldest writings of the world: "everything that exists is Brahman ": everything that surrounds us is a living energy, which particles, by their own choice, can be in passive or active state. This living, magical, radiant, self-conscious energy is God, whose particles by their own choice might be or might not be manifested as an individual personality. Those who choose peace, i.e. the state of Nirvana, stop to feel anything other than tranquillity and eternity.

And "dead", "material" things, objects of material world are consist exactly from this impersonal, being in a kind of "sleeping" state, the eternal spiritual energy. All, that surrounds us, is the energy of God, whose particles, by their will, might appear or might not in a form of individual person.

He awakened the personalities in us with His love as a husband is awakening his sleeping wife for pleasures of love. It is for the enjoying of spiritual fellowship, i.e. love, He endowed us with an individual consciousness, i.e. the Ego, and the full freedom of getting pleasures. The spiritual world is the world of an infinite variety of manifestations of unity in Love. In this material world they teach us how to be actively united in Love with God.

God is the Supreme Personality, whose parts are all the rest personalities. He is our Higher "I". He is our Higher and Unified for all "I". And therefore, our love of God is the harmonization of an individual "I" with the Higher "I", i.e. the harmonizing principle of the whole Universe and the essence of all kinds of religions. The relationship of the soul with God is the relationship of the part with the Whole, two personalities: a small individual "I" and the Higher "I".

We are the parts of the whole, of God, and the spirituality is our internal sense of the unity with other people, with the entire surrounding world, with all that exists. That's the spirituality. This is the true definition of it.

The goal of all religions, all spiritual particles is to put a person in the state of unity, when he will feel an inseparable connection with all that exists, when he considers interests of others as own interests. This can be compared to the cooperation of body organs. The health of each body organ depends on the health of all other organs. The liver cannot function properly and be absolutely healthy if oesophagus, lungs, heart and kidneys are sick. In that is the essence of spirituality: when a person perceives happiness and well-being of others as a part of his own well-being and happiness.

Happiness is not an item of property, happiness is the state of consciousness.

The state of happiness is a state of consciousness in which a person sees himself as a part of the Supreme Being and acts in harmony with Him. This is the spirituality. Now when many people became very religious on the surface, actually they got a lack of spirituality. They confront each other on political, national and even religious basis. Being in opposition kills spirituality, because spirituality is a feeling of unity with others. The variety in the active unity is the variety of manifestations of love.

Whereas variety without inner unity brings suffering. Therefore, those who has no love, try to avoid suffering by reducing the diversity of other points of view: by suppressing the individualities of others, eliminating all the dissidents, killing gentiles, etc.

In the absence of diversity, there is no love. In monotony there is only peace - this is a way out of love and not love, this is a complete renunciation of yourself as a person.

The soul can manifest its individuality in harmony or in disharmony with the Supreme Being. Spirituality is the state of unity in love, it is a harmony. But selfishness creates a disharmony. In the material world, we are taught personal relationships in harmony - equals love with the Supreme Personality, with God.

The suffering of this world is caused by disharmonious activity of the soul, the spirit in its state of the Ego. The soul can get rid of these sufferings only by two ways:

- 1) *Stop being a person - go to a sleeping state of mind (without the Ego)*
- 2) *Act in harmony with your Higher "I" in the love to God.*

Those who abandon their Ego enter a state of Nirvana, that is, they stop to feel anything other than peace and eternity, becoming part of the impersonal magical radiant energy of God. This can be compared with nails and hair on the body: they are parts of the body, but they feel neither pain nor affection. Therefore for those, who want to actively manifest their nature as individuals, eternal peace will not bring happiness.

Love simply cannot be inactive, because it is the interaction of the subject with the object of love. It means the difference between the soul and the spirit. The soul is the spirit in the state of the Ego, conscious of oneself as an individual person.

There are three states of being:

- 1) to be in the impersonal state of nirvana – in the state of passive unity with the whole world around us;
- 2) be active in harmony with the world around us - equals **love**;
- 3) to be active in disharmony with the whole world around us – equals **egocentrism**.

The spiritual world is the world of harmony. The material world is a world where souls learn harmony. A person can live only for himself, destroying himself, harming the surrounding social organism. But he also can live as a healthy cell of a single organism,

manifesting his individuality and vigorously acting for the common good: in a healthy body all cells feel good!

When people focus on material things, on pleasures sold for money, it makes them separated, and the false ego in them is increasing. When they concentrate on relationships, it unites and brings people together.

The Three Types of Psyches. The Three Types of Politics. The Three Types of Power.

The Three Types of Happiness.

There are only three objects of knowledge:

- 1) God,
- 2) Soul
- 3) Matter.

If you reflect on this, you will reach the conclusion that there is nothing else exists outside of these three categories, there are no any other objects of knowledge. All types of religions and philosophies talk about exactly these objects of knowledge. Materialists talk only about the material subjects. Spiritual teachings say that we are souls, which are stuck with our consciousness in the material word and we need to elevate our consciousness to the level of the non-material nature, love to God, recovery of our relationships with the Supreme Being.

All our actions lie in the sphere of these categories: we can interact with the matter, which is not manifesting consciousness, or able to reciprocate, or to communicate with the Supreme Being and His particles, i.e. other realizing themselves creatures and personalities.

Depending on which of these objects of cognition a person directs attention to, in what he seeks happiness, he develops the three basic "tastes" of enjoying life, which translates him into the appropriate type of influence (the type of management) that develops three types of power and, respectively, - three types of policy.

Depending on where a person is directing his attention, he is experiencing three types of happiness:

- *Happiness from ownership of dead material things.*
- *Happiness from relation and communication with other living beings;*
- *Happiness of awareness of his non-material nature, happiness from the communion with God.*

The inferior type of enjoyment is the pleasures that soul seeks in lifeless things. This level of enjoyment includes: possession of a house, a car, a bank account, prestige social status and other things which you can buy for money. Sex in its pure form, without love, also belongs to this level, as it is a pleasure of enjoyment of someone else's body, including by force, against the will of the soul. All these are the pleasures derived from the sense organs of the body (sight, taste, touch, smell and hearing): tasty food, soft bed, etc ...

Even the word "happiness" here is wrong as we talk here only about the pleasures for a body. In Greek language this type of enjoyment is called Eros, i.e. body enjoyments.

Ancient Hindu called this enjoyment "parthiva rasa", i.e. enjoyment from the contact of material body's sense organs with their objects.

A well known Psychotherapist Eric Fromm named all this enjoyments as necrophilia, i.e. love for all the dead, which are those that you can buy for money.

These are pleasures that can be bought for money. Therefore, those who want to manage society by financial means, try to lower people's aspirations down to a purely animal level, to only bodily pleasures.

Most of the mental disorders, "middle age crises", depressions and many other problems are due to the fact that a person follows these pleasures and puts a equality sign between these two completely different concepts: "happiness" and "pleasure." When all kinds of material things and pleasures are available for a person, he can occasionally hear: "What else do you need? You have everything you need for happiness! " But a person can be absolutely unhappy at the same time, because he is a spiritual being which can be completely satisfied only in relationships with God.

Happiness is not an item of property, happiness is the state of consciousness.

The state of happiness is a state of consciousness in which a person sees himself as a part of the Supreme Being and acts in harmony with Him.

Being in this state of consciousness is not affected by the presence or absence of material things. Rich or poor can be happy or unhappy, in any situation. It depends not from material things (scenery), but from our attitude toward God and life. Happiness is a state of harmony with the entire world around us, with the Supreme Being.

If you remember that you are a part of the Supreme Being and act in His interests then you are constantly happy, always so. And if you are individualists and care only about own well-being, you will not be happy.

Thus, residents of economically developed countries may be financially secured at the expense of third world countries, which they ruined. But people in such states will be very unhappy inside, because God is displeased by them, because their well-being is based on the misfortune of others. The feeling of happiness God gives from within. If a person is not united with God, he will never be happy.

In Japan, there is a good saying that "only the money which earned honestly can bring happiness", i.e. which brought goodness to others. It follows that a person should care for his material well-being, but in that way that it would bring the prosperity for everyone. This is the secret of one's happiness.

According to statistics, the highest number of suicides is accounted for economically developed countries. When scientists decided to analyse this indicator in some US states, they came to a conclusion, that in those states where people are most financially secure the suicide rate is the highest. For example, Utah ranks as the first one by the degree of external satisfaction with life, and by suicide is the ninth, while much less prosperous New-Jersey was in 47th place on both indicators.⁷

From that it is clear that only material things by themselves, material pleasures cannot

⁷ by the data of newspaper «Today» (Russian language Ukraine-based newspaper)

make a person happy. Because material things are dead and reciprocated to our feelings. But for us, souls, created for selfless communication, the friendship and love are very, very important!

The second, higher type of enjoyment is communication with those who can reciprocate to our feelings. Every one of us is in a very big need of it, as no matter how much we care about our things, they will never return the love to us.

Psychologists have already come to the conclusion that our every action in this world is either the giving love, or the request for love. Every person has the necessity to be needed by somebody, to be loved, he needs someone who would wait for him, who would rejoice with him, at least it is a dog ...

The second type of enjoyment is the joy from communicating with the living beings. Those pleasures are felt not by the material body's senses. We cannot feel love or friendship by sense organs: it cannot be licked, bit, weighed, sniffed or touched. Trust, friendship and love we feel directly with our spiritual substance.

Love, friendship and trust as non-material pleasures can't be bought but can only be deserved by becoming a better person, developing unselfishness, caring for the rest. The more selfish a person is, then there are less love and less friends in his life, and no any material resources will help him to gain trust and devotion of loved ones.

Ancient Greeks called the enjoyment by exacted, selfless relationships with people by the world filia (from «filia» is derived «philanthropy»). In Sanskrit this type of enjoyment is called swargia-rasa, i.e. the "heavenly life taste".

So the bodily pleasures are those pleasures that we feel through the five senses of the material body and mind. Vanity and pride are the delights of the mind. These are all the pleasures sold for money. Trust, friendship, love are not material pleasures. They cannot be felt by the material body's senses; they are felt directly by the spiritual body and not sold for money.

Principal feature of these two different types of enjoyment is that **when people focus on the pleasures that they receive through material body, it separates them from each other**. When people concentrate on the enjoyments they feel by their spiritual substance, it unites them. All the saints talk exactly about this when they say that a person must rise above the bodily pleasures up to the spiritual pleasures to enter the heaven.⁸

In the process of improvement of relationships, a person is getting rid of his egocentrism and self-interest, perfecting his inner world, developing his own good qualities. While the concentration on the bodily pleasures increases selfishness and self-interest, diminishes spirituality and good qualities in a person, leads to the soul degradation and so to a hell.

Now many people realize the importance of strengthening the family. And in connection with this, it must be emphasized that if a person seeks happiness in bodily pleasures, which are money and sex, he will inevitably cheat to his partner. A man, after 20 years of marriage, which his wife dedicates to him, will be ready to exchange her for some

⁸That is why the pleasures from relationships with the living beings are called "swargia-rasa" which mean the enjoyments leading us to Svarga - to paradise, to higher spheres. Ancient Russian verb "svagnit", with the meaning of "to create", comes from the word "Svarog", i.e. the Creator. "Svarozhiy" circle or Svarga-loka is the highest planetary system of the material world, the abode of Brahma-Svarog, the creator of the material cosmos.

younger, more sexy and attractive woman. The same way a woman, focused to bodily pleasures, will not be very chaste or faithful to her spouse and be inclined to leave her husband for some richer man.

Because "the diversity is the mother of pleasures", each type of pleasure requires its expansion and variety. **Therefore, people's focus on money and bodily pleasures destroys families. If people are concentrated in the first place on material well-being, their families will not be stable.** When the society was oriented toward improvement of relations with each other, divorce rate was less in dozens of times. Today, due to people's orientation not toward to relationship improvement but to material things and sex, a big percentage of children is born out of wedlock.

The third, the highest level of happiness is the happiness from realization of one's own non-material nature, from the relationships with the Supreme Being. Happiness is not a thing, it is a state of consciousness (of soul), when the soul realizes itself as part of God, acting in harmony with Him. This is a happiness that does not depend on any external circumstances, but only from our internal relationship with the Supreme Being.

It is a cloudless, eternal, infinite happiness. It is that level of relations that brings no suffering, associated with the material concepts of life, with the prioritizing own interests before others.

Ancient Greeks called this type of life enjoyment as **agape**, i.e. unconditional love to God and with all the beings as His parts. In Sanskrit this, the highest type of happiness, is called vaikuntha-rasa, i.e. **"happiness of the spiritual world"**. This is a true happiness, a happiness from relationships with the Supreme Being, the higher "I", whose particles we all are. This is the level of a person's spiritual awakening.

Just as a girl can reveal her femininity, her nature of woman, mother, wife only in a relationship with a man, the same way the soul can get rid of illusory material conception and realize its non-material nature by the only way: servicing to the Personality of God through revival of love with Him. All of us are the parts of the Supreme Being. The natural desire of the soul is to restore a relationship with Him. Therefore, we all aspire to the state of the happiness, obtained in the unity with Him, with our higher "I", which is one for all.

It is a person's level of spiritual awakening, level of awareness of himself as an immortal soul and a particle of the Supreme Being; it is when every moment of life is filled with joy, happiness and bliss in the service of others.

What an immortal soul can be interested in? Only in love, in the manifestation of love through the service to others.

As a body cell communicates with the entire body through other cells, so we connect with God through relationships with others, through the service to them, and that is actually a spiritual life. The devotion to God is, in the first place, the devotion to care of others.

We can either be healthy or sick, the third is not given. If the soul does not serve God, it will suffer, because the state of happiness is the active unity with God, which is the soul's healthy state. In other words, if we do not live in harmony with God, we just can't be happy!

The Tree Types of Power

What we value the most has the greatest impact on us. The things that have no value to us don't particularly influence us. And depending on our perception of happiness, depending on our taste of life and source of happiness (God and the relationship with others or the material objects), a person falls under the influence of a certain type of power.

Focusing on the material things, people fall under the power of money. They will leave their favourite work and will work for someone else if he pays more. Focused only on pleasures of bodily level people can do everything for money: to get naked in front of a camera without shame, to betray, to sell the country or to kill – the only question is the amount. They are easily manageable by money and by revoking in them animal instincts: fear of material loss, fear of death.

If people are looking for happiness in love, friendship and unselfish exalted relationships with others, they go under the influence of the power of high ideals: justice, honesty, conscience, equality, brotherhood. These people sacrifice themselves for the others' welfare; even the fear of death has no power over them.

The more a person focuses on bodily pleasures, the more he is selfish and afraid of death, so for the sake of his pathetic life and material pleasures he is willing to sacrifice the well-being and lives of others. But the more love a person has, the easier he sacrifices his life for the benefit of others; because the more loving a person is, the more he can focus on the intangible pleasures and is closer to the realization of his intangible, eternal immortal nature.

When people are aware of their intangible nature, developed their love to God, they come under the power of love. Love is even higher than the lofty ideals of justice...

For example, someone may justly deserve to be punished for some action, so that he will no longer do that bad thing he did. Yet if you experience the bond of love with him you just can say: "*Your actions caused me great pain. How could you?? This act is not worthy of you..!*" – and the idea that he caused pain and anxiety to his loved one will burn him more than a red-hot iron, will be worse than any punishment. Then he will correct himself without punishment. All the saints always strived to bring mankind to this level of social management: the management with love.

These three types of power establish the three types of social organization:

Management with the use of money is capitalism.

Management with the use of high ideals is socialism.

In Soviet countries earlier in time, people were being managed with the use of high ideals. People worked overtime for the benefit of others, and it would bring much greater joy than the financial compensation would do. Leo Tolstoy said: "*There is no greater joy for a person than his thought that he benefited others!*"

And what type of social organization a management with love creates? The management with love is a God-centred socialistic monarchy, when the ruler takes care about the everyone's well-being considering everyone as a particle of the Supreme Being. An example of this kind of management is described in many Vedic texts, including Ramayana.

When Prince Rama, the day before his coronation, due to his stepmother's intrigues, was sent to the forest in exile for 14 years, all subjects, who loved Rama for his innocent

heart, unanimously said: *"What??! Queen Kaikeyi wants to rule the Kingdom herself??? – You are welcome!!! Let her govern an empty state, and we will go into the dense forest after Rama and over there we will build him a state that will be much better than this one!!! "* The noble Prince Rama is captivated everyone with his love, with his sincere heart, so the people were ready to leave their businesses and homes and go to the forest to be around him, to serve this open-hearted, noble, exalted, sublime personality!

*"I'd like to serve but not to be a servant!"*⁹ Service is what we do disinterestedly, from the bottom of our heart. Servility is what we do for others with no respect for them, out of greed.

It is emphasized in the ancient scriptures that thanks to society's orientation toward spiritual progress rulers of antiquity sought to ensure that no one on the planet knew any worries, bodily ailments, any suffering. The period of people's care for each other is mentioned in various treatises as the "Golden Age" of mankind.

The Greek philosopher Herodotus also writes about this in the description of Hyperborea , the ancestral home of the Slavic peoples: the Hyperboreans lived in the perfect harmony with each other and the Nature, and, growing spiritually, knew none of suffering or anxiety, mental or bodily diseases. They lived as long as they wanted, and were leaving this world for another one only by achieving the spiritual perfection, when the area of their interests, exceeding this world's opportunities, has been transferred to other worlds of higher orders.

The goal of every ruler, i.e. the governor of God, is to make all his subjects in the country happy, help them to realize themselves as parts of the Supreme Personality of God and take care of all beings as parts of the Supreme Being.

This is the scientific system of society organization. All types of mental disorders, as well as physical and social ones, increase when people forget about their eternal immaterial intangible nature, about their relations with the Supreme Being, when they start looking for happiness in temporary material things and for the sake of fleeting possession prioritize their interests before others. When people will stop to oppose their interests to each other, thanks to the healthy systems of world views and the society values restoration, then the prosperity and peace on this planet will reign again in a natural way.

It should be noted that in all society management systems the highest position hold not the president or the king, but the conductors of ideas, i.e. those who support this type of society management and carry this concept of the meaning of life. Those people greatly influence us, who has the most of what we aspire to.

If we aspire to love, to awareness of our non-material nature, to the restoration of our relations with the Supreme Being, then we obey those who have more love, who have already achieved this goal, i.e. have realized their intangible nature, reached an enlightenment, awakened the love of God in themselves. Therefore in the God-centred, Vedic society, the highest position is held by saints, i.e. people who developed the love for God and realized their intangible nature.

When a person is guided by sublime material values, he obeys those who are the fairest, the honest, who benefits others the most. Therefore, in the socialistic society the highest position is held by the Communist Party, which goal is the equality and prosperity for all the people on Earth. The Communist was obliged to set an example of morality, to be a good family man. The main person in the state was the General Secretary of the Central

⁹Alexander Griboyedov. "Woe from Wit". Chatsky's words

Committee of the Communist Party, who was subordinated to the government. At every enterprise besides the administration there was a committee of the Party, which chairman had even greater influence than the plant manager.

In a God-centred society the culture and art glorify those who have developed the love for God, realized their spiritual nature, and got rid of the identification with body. In a socialistic society those are glorified who benefited others the most: heroes of labour. In capitalistic society the wealthiest ones, who obtained the most comfortable life, are being idolized. While movies, educational system, the media create a cult of consumption.

If the person above all appreciates everything that possible to buy with money, then he has the most respect for rich people: you can be a pervert, a bribe taker, a drug user or a thief in law, but if you have a big fortune (no matter by what price) - you are respected! Therefore, in capitalistic society governments are run by bankers. Capitalism is being built on the lowest, bodily type of concept of happiness, on the power of money and the lowest animal instincts.

Three Types of Psychics

Three types of ideas about happiness form three types of psyche: when a person is looking for happiness in his non-material nature, in a communion with God, it forms a divine psycho-type; when a person is looking for happiness in sublime relationship with other people, it forms a human type of psyche. But when a person is looking for happiness in possession of material objects, when he is associating the happiness with the quantity of money, he becomes a sociopath, developing the demonic psycho-type.

People with divine psyche take care of well-being and spiritual awakening of everyone, perceiving all as particles of God; people with human psyche think about how to benefit society; sociopaths are people with a demonic mentality, think basically only how to use others for their own purposes.

The human and divine types of psyche are orientated for the progress of relations. But a human psycho-type can remain stable only as long as people preserve at least the theoretical knowledge about their immaterial nature, as long as society, albeit slowly, moves toward awareness of God. A person may not develop the relationship with God and deal with only the material altruistic activities benefiting others, but if he at least in theory knows that he has immortal nature, he doesn't prioritize his interests before others, he will not fall to the level of bipedal animals.

Why did the atheistic socialistic system fall apart? - Because God and spiritual knowledge about the soul's nature, were forbidden. We can easily keep a balance on a bicycle, when it is even slowly but moving. But if the bicycle stops, we need to make great efforts to keep balance and finally we fall anyway.

Conclusion: socialism is a good thing, and it can speed up the progress at all levels of life, but only in the case of understanding in the society about the immortal nature of every being as a part of the Supreme Being.

Now, when the whole world already understands that presidents are managed by bankers, the ideas of Karl Marx, who urged the proletariat to overthrow the bourgeoisie, are becoming popular in Europe again. However, it is necessary to understand why Karl Marx was financed and being promoted by the same bourgeois bankers, whom he urged to

overthrow; to what type of society management belongs the social system, proposed by Marx?

At the first, the goal of those bankers was to overthrow the monarchy by the hands of deceived people, since in the monarchical system the treasury is under control of a king, but in case of elected government it's in the hands of international bankers who actually run the country by the cover of controlled presidents, who are constantly being changed. But most importantly, Marx, by his philosophy, by focusing people's attention solely on money, have destroyed the two higher types of society management, which were based on the exalted relationships between people and on love. Marx rejected the God's existence, naming religion "opium for the people", while the family, culture and sublime relations between people considered just as an unnecessary extension to the main, in his opinion, place of application of human forces, i.e. the economy. Therefore the title of his work is "The Capital". In this work he destroyed two higher types of human aspirations, turning all people's needs into a pure animal consumption, compressing their lives to a simple satisfaction of animal needs, to the gluttony. Marx helped to destroy the divine and human types of psyche and introduced the demonic type instead.

To separate a man from God, depriving him from his roots and life force, K. Marx came up with a political economy, instead of a living economy. In his "The Capital" he hid God from the people and the source of the natural prosperity through the principle of serving to Nature. Pretended that he did not see the difference between the labour of a farmer and a worker, argued that in both cases the additional profit is created equally, from the premium of the human labour: the more a person works, the greater the profit. While the Nature is the divine source of natural prosperity, i.e. "additional profit".

The energy channel for creation of additional profit exists outside factories and plants in Nature, created by God. A simple obvious example is a corn: one seed planted in the soil grows into 250-300 grains! This is the percentage of additional income that God gives us, if a man acts in harmony with Him. And to explain the additional grains appearance simply by exploiting the worker's labour is, as minimum, extremely dishonest. In Nature there is a law of conservation and transformation of energy through the principle of service.

But K. Marx argues that it is a human labour, but not the Nature who brings additional profit. He claims that the source for the additional profit is the only worker's muscles, but not the soil, sun and rain, yielding crops of all kinds.

With the help of "scientific materialism", - Marx's philosophy, - bankers spread the demonic psycho-type, depriving people of connection with Nature and God and dropping people to the level, where they understand happiness only as bodily pleasures, things that you can buy for money. When money become a goal, a person sacrifices his relations and all his spiritual values, he becomes an ideal consumer, completely subordinated to financiers, and bringing them more and more income.

When people seek happiness in money - they are being controlled exclusively by money. There is no longer possible to manage them by high ideals or love. Therefore, bankers installed Marx's ideas into all the media, institutions and schools: to make people looking for the happiness in the material things, creating their strong dependency from the monetary system and money.

The state becomes God-centred when the main value and purpose for people is God. The value in socialistic society is the person himself. In capitalistic society material things are proclaimed as the goal and value.

Forming of the certain type of psyche

Depending on what people are oriented to by the system of education, TV, movies and media (to people's love of God, relationships improvement or to possessions), the corresponding type of psyche is being developed: divine, human or demonic.

A person sacrifices what is not so important to him, in the sake of what is more valuable to him. If a person seeks happiness in the bodily pleasures (happiness being sold for money), then he sacrifices his relations with others for the sake of material things, that was condemned at all times in all cultures.¹⁰

Modern psychiatry calls this state of mind a sociopathy (it was called psychopathy before the 70's), Eastern psychology calls it the demonic state of psyche. Sociopath (psychopath, demon) is a person who sacrifices living people for material things. When a person sacrifices well-being of others for his own well-being, he develops a demonic type of mentality.

But if we are relationships oriented, we are sacrificing money, we finally win. The human psycho-type is formed when we sacrifice our pleasures, our things, comfort and convenience, for the welfare of others. ("Money is on the second place; the main thing is relations, the main thing is the family! ")

A sense of conscience develops in a person when he lives for others. But if a person lives only for himself, he suppresses in himself a sense of conscience. In psychopaths, or sociopaths, or heartless people, as they are also called, the sense of conscience becomes atrophied.

The holographic principle of the Universe is manifested in the fact, that the human and social organism obey the same laws.

The metabolism in the body is disordered when its pH balance is disordered. When it is normal then the immunity is high. But if the acidity in the body increases, then all kinds of diseases appear in it. Acidic environment provides nutrients for fungi, parasites and mould, huge variety of infections, diseases, including cancerous ones.

pH balance in the social organism is ratio of people's desire for selfless, exalted relationships with each other and their desire for material things. Of course, it is impossible to live in a society and absolutely do not care about material prosperity, but the desire for material things must be subject to the desire of serving others.

A healthy pH balance in the social organism is when the desire for selfless, exalted relationships between people prevails over the desire for what is sold for money: "Yes, hell with them, with money, the main thing to stay friends! ☺". "Yes, hell with it, with this temporary profit, the main thing is to save the family! ☺" The public organism will always be healthy and strong if the people's desire for keeping sublime relationships with each other will prevail over the desire for material things.

As soon as the desire for what is sold for money, i.e. dead material things, begins to prevail over the desire for the development of sublime relationships with others, we can talk about the acidification of a public organism (by analogy with a human body). In a human

¹⁰Culture is everything that improves the relationships between people.

body with its acidification pathogens and parasites appear, causing diseases and destruction. Similarly, in a social organism parasites appear when people start to value money more than relationships.

The crisis of moral values is a situation when people appreciate money more than the relationships with each other.

In this acidified social environment, a lot of social diseases (corruption, bribery, crime, violence, divorce, abortion ...), public parasites of various types appear: transnational banking corporations paralyse the government, justice paralyse immune and nervous systems of public body, all of them want to control humanity with help of money.

Parasites are spreading out and can exist only in acidic environment. Therefore, they increase acidity: they more and more acidify the body.

Similarly, parasites living in a social organism are spreading out and can exist only in conditions of destroyed moral values, when people appreciate money and dead things more than the relationships with each other. Therefore, they increase the acidity of the public organism even more, **deliberately destroying exalted relations between people: discrediting and destroying the family, moral values and morality, spirituality, warm and trusting relationships between people; introducing the cult of money, the consumer attitude towards others, the cult of indulgence to low animal instincts.**

It is very beneficial for them to make the prevailing type of people's psyche to be demonic one, and now they deliberately pull down people's consciousness:

- seizing life support systems and raising taxes and prices for everything, so that people are only focused on survival;
- destroying spirituality, distorting the essence of genuine spiritual teachings, hiding from people true spiritual knowledge, depriving their inner connection with the Supreme Being;
- destroying, by gay and lesbian propaganda, the family, morality, moral values and culture, passed in national traditions; destroying any exalted relationships between people, by taking away from the protection a friendship and love can give; they program people to feel secure only if they have money in their pocket.

Modern people have very sentimental ideas about the Satanists. Satanists are not necessarily those who directly practice bloody sacrifices; they are the individuals who, in order to manipulate people by financial levers, make them aspired to inanimate material things more, than to relations with each other. Satanists are all those who immerse people in the bodily concept of life, pushing them seek happiness and refuge in inanimate things, in all which is sold for money. The essence of their teaching is: "Material things before spiritual well-being! Profits at all cost! " So they destroy the human psycho-type in human beings and develop the demonic one, when people sacrifice living things for the sake of inanimate things, for something which is sold for money.

Therefore, fighting corruption in a society with an increased acidity is the same as treating person's lungs, who keeps smoking.

The higher the acidity of the social organism, the more people value material things and money, the more social illnesses appear in society, so a lot of problems have to be faced by law enforcement agencies. In conditions of increased acidity, immune (administrative and legal) system of social or human body can't work properly, it is sick. The name of this disease is "the spirit of consumerism", the individuals and the entire society

are sick with it today. The society of consumers is a society of unhappy people with sick souls. Yes, an unhappy man makes sales, but he also brings disharmony in to society.

A healthy soul finds happiness in serving others. When this unity is broken, psychological diseases of all kinds appear at the physical level in form of body diseases and problems in relationships with others.

Similarly, in order to ruin the state, they are now destroying spirituality, the inner unity of people, using ideological viruses and trying to oppose people to each other on ideological, political, economical, religious and social platforms.

A country with good relations between people is invincible. That's the mission of psychologists, psychotherapists, spiritual people and spiritual politicians who play a role of the immune system in the social organism: making everyone happy, restoring healthy relationships between people at all levels, including ones with Nature, with all surroundings. Happiness is a healthy state of mind.

A country of happy people is invincible. This is our task: make everyone happy by restoring healthy relationships with the world around us.

Diseases resulted from body's acidification are needed to be treated with alkalinization. Worms from the intestines can be expelled by a simple baking soda enema.

Similarly, social diseases must be treated with alkalinization, i.e. raising the priority of healthy sublime relationships between people. With a healthy pH, healthy values will be restored, and then the burden on politicians will become less. On the contrary, the higher the acidity, the more problems there are, the heavier is the burden on them.

The whole world is now going to hell, because bankers, by the influence of the media, have imposed the priority of consumption to all the people in all the countries.

And the healing will come with the principle of the priority of relationships. But to make it happen, all the media must be controlled by states, not to be under financiers-bankers, not to be managed by the "free market" and the ratings system.

The trust is the foundation on which we build our relationships. Friendship, love, all higher-order feelings and relationships are built on the trust between people, including the honest commercial business. We can't be friends with someone we don't trust. We can't love those we don't trust. We can't build the right business with those we don't trust.

A society, in which the level of trust between people is high, is healthy, it can't be destroyed either from inside or outside.

Therefore, the edge of all the informational wars, activities of "fifth columns", agents of influence in the media are aimed exclusively for ruining the trust between people.

That's why every TV channel today displays court shows, litigations, aiming to instil a distrust among people, to imbue them with the idea that today no one can be trusted any more, and even our close people can possibly do dirty tricks.

The demonic psycho-type is being introduced through permissiveness, which is presented under the flag of freedom. But the freedom of the soul is its freedom from low aspirations.

The human psycho-type develops through cultivation of call of duty. A person gets sense of duty in a good and strong family, seeing how older family members care about all the rest ones.

A child gets his first idea of love and relationships in the family, but all efforts, which are being made by those who want to manage society with the help of money, are made exactly for destruction of the family

Feminists say that the institution of the family is being destroyed, because there are no responsible men. But the truth is, that a harmonious woman will always have a normal family, because to make a family she will attract a worthy man by her inner state.

Everyone should play their part: if you've got a body of a man, you must develop yourself as a man (responsibility, protection, taking care for weaker ones). If God gave you a body of a woman, then you should develop the womanhood, feminine qualities. Harmony is when everybody performs own duties, taking care for others.

Today the performance of duties is presented as exploitation, saying that men exploit women, rulers exploit subjects. But the truth is that the relationship between people become exploitation only when a person develops a demonic type of psyche and become a consumer, but with a human type of psyche it's just a care.

A ruler with a human or divine type of psyche takes care of its subjects as his family members, but doesn't exploit them; as well as a man, oriented to the progress of relations, cares about his wife, protects her, but doesn't exploit her. In a perverted understanding of service and performance of duties you can even say that children exploit their parents.

In a consumer society, any relations are the exploitation of people by each other. In a society, oriented to the progress of relations, relationships are the service to each other.

A Healthy Balance Between Material and Spiritual Progress.

We emphasize once again that for the health of the social organism, material prosperity is also needed. For the human body, both extremes are equally harmful: excessive acidification of the organism - acidosis, and excessive alkalization - alkalosis. Both lead to illnesses and a death of a person.

This rule also applies to a social organism: poverty and excessive material dependence cause spiritual degradation. If people are not financially secure - eventually they stop thinking about the soul and about God and start thinking only about how to survive. They think about money.

Such a method is another tool for manipulating society: plunging whole regions and countries into poverty, the parasites of the social organism focus attention of others entirely on survival, self-defence - which also leads to the same social illnesses. Excessive material dependence and poverty also cause spiritual degradation and nurture terrorism.

Healthy pH-balance of the body is not when there is one acid or one alkali (just if there are only material things without love or only love in poverty), - but it is when people care about the material well-being of each other for the sake of love and care for each other.

Material well-being is NECESSARY for the spiritual development of a man. But it only benefits society as a whole when society is oriented not towards material progress, but towards the progress of relations.

Lev Nikolaevich Tolstoy wrote: *"All happy families are alike, each unhappy family is unhappy in its own way."* Similarly, all healthy societies are alike in their internal social structure, but the variety of illnesses in society is huge. And the key to the health is one - the correct pH balance in the body, the correct system of priorities of values in society.

The social health is the only thing - when everyone cares for each other equally. This is the principle of social justice: when every member of society is the object of care and love, regardless of whether he is a deputy or a janitor.

Now all the wars happen because of ideas being different manifestations of social diseases. These ideas reflect the perception that one group can be happy at the expense of others.

For example, when some people consider themselves "God-chosen", thinking that others can be robbed or exploited, "because they do not have souls."

Under the guise of such philosophy - that people with a different skin colour do not have souls - Americans killed Indians to take away their land, justified racial discrimination and slavery. There is an unlimited number of sick manifestations of ideas, leading to wars, but the healthy idea is the only one: caring for everyone, love for everything that surrounds us, as the manifestation of the Almighty.

There is commandment in Orthodoxy: "Love your neighbour as yourself." And many people see it as the only one commandment, but in reality there are two in one. If you are not able to love even yourself, how can you understand how to love another?

We can not love someone whom we do not respect; and a man can not respect himself if he is mean and acts dishonestly towards others. And before this commandment there is even more important one: "Love your Lord above all".

In monarchical Russia there was a so-called "chain of holiness" - I - Family - Monarch - Russia - God. Fish, as you know, rot from the head, and when the relationship with God was violated, distorted, then all other values began to collapse ...

Even if people do not believe in God, they will not sell themselves for money if there are strong families, culture and morality in the society, which are preserved in the national traditions. Mutual help is the most striking feature of the human type of psyche. The country, in which the level of trust between people and the level of mutual assistance are high, is invincible.

Therefore, if we really consider ourselves to be believers, strive to develop spiritually, or if we at least care about the well-being of society, about our happiness - it is necessary to reorient the education system, media, art, culture, politics, to the development of relationships between people.

Problems of the Modern Law.

The modern law legalizes social inequality, since it is based on the concept, created by Roman patricians and spread now throughout the world, according to which one person can own an unlimited amount of material resources, and carry no responsibility to society for how he uses them.

Both in God-centered and in atheistic socialist societies, a person was responsible for using resources that he has (which God gives to him) for the welfare of others. But the secular modern law - the basis of capitalism - frees a person from any kind of responsibility for the fact that others would be hurt, live in poverty and die because of his intrigues and his greed.

The socialist states had a different way - all the resources of Nature belonged equally to all, to the state, the management of which was collegial.

In God-centered society everything belongs to God; the ruler, as representative (vicegerent) of God, makes sure that all people in the state take care of each other and, by doing that, develop spiritually. The Koran directly imposes a ban on the sale or purchase of land, because the land and its entire resources belong only to Allah.

When a person sees God in everything and recognizes only one God as the owner of everything, then he enjoys the wealth in a way to benefit all the others, seeing in them the little parts (children) of God. The economic conception existed in the Soviet Union was roughly the same: natural resources should have been equally beneficial for everyone, including the future generations.

While the demonic concept of the secular modern law provides an opportunity for people to live by the principle "after me the deluge!", bearing no legal or moral responsibility for the destruction of nature, proclaiming that there is no God, or nothing belongs to Him, everything can belong to one person. And, relying on this concept, the American corporation "Monsanto" nowadays secures a grip on the lands all around the world, irresponsibly drains them, poisons them with chemistry; through the bribery of officials at the legislative level this company forces all farmers to sow only "terminator" GM crops, for the reason to own the monopoly of the production of all food on this planet in the near future.

At the moment, all Canadian farmers are obliged to buy seeds only from "Monsanto". Wherein, all the seeds there are "terminator" ones (giving only one harvest); the production of ordinary seeds, growing crops in a natural way, when the part of a harvest remains for planting in the spring is forbidden. Through this, "Monsanto" controls the food production in the whole country, and indirectly through it - the government. In Canada, there are no more ordinary seeds left, and if "Monsanto" for some reason suddenly does not sell its seeds to farmers - they will have nothing to sow.

Capitalism is a society of consumers, the demonic system, in which everyone aspires to a personal economic independence, takes care of a personal well-being. While healthy economic systems promote ideas of interdependence, when every person in society cares about the well-being of others.

Under capitalism, people tend to become individualistic sociopaths, who are not concerned about using their talents and abilities for the well-being of others, but about getting more from others for themselves, giving less in return or not giving at all.

The purpose of business in a God-centred society is the satisfaction of God, in that society businessmen use their entrepreneurial skills to provide people with everything they need for life, which in turn helps them to develop spiritually.

The purpose of business in the USSR was to serve people. In all economic institutions of higher education and in the reference books the following definition was given: "The purpose of business is a service for society". Now, when already in almost all the countries, somewhere by force and somewhere by deception and bribe, the modern social law was introduced, the definition of the purpose of business has become fundamentally different: "The purpose of business – is a profit-making". Although it is obvious that if there is no profit - then there is no business. Since the extraction of profit is the business. But now the profit-making was made an end in itself, what changed the minds of businessmen.

In the God-centred society, businessmen evaluate themselves by how much they helped people to get closer to God, by living in peace and providing themselves with honest work. In the socialist society, leaders assessed themselves by how much profit they have brought to the state and people. In the capitalistic society, businessmen evaluate themselves by their rating in the Forbes list. The goal justifies the means. When, instead of serving God and people, the goal of businessmen becomes a rivalry: who will accumulate more money? That makes relationships between people to degrade.

Fat in a body plays the specific function: it stores the energy required for different kinds of exertions. Organism functions well if the mass fraction of adipose tissue is no more than 10-15%. But if the fat is accumulating immensely in the fat tissue, it disrupts the work and health of the whole organism. The purpose of the fat layer is to serve the body, but not creating a bigger and bigger fat storage, disrupting metabolism and burdening other systems and organs. Therefore, the real ruler and all the government, when performing the supporting role for the health immune system, must continuously care for a fair distribution of benefits and healthy metabolism in the social organism. Whereas modern legislation provides the opportunity for adipose tissue (businessmen, bankers) to grow disgracefully fat, allowing existence of oligarchs and transnational corporations, that exhaust the economy and destroy the ecology of the entire regions and countries, eventually destroying peoples.

While the legislation of a state is guided by the secular atheistic law, – then the social justice is out of the question, whatever they say. Moreover, as the President of the Academy of Geopolitical Problems General Ivashov emphasizes, interests of large private

companies and large businesses are not serving good for the state's foreign policy: politics should protect not big businesses of a handful of "favorites", but long-term national interests of the entire state. Therefore, the first duty of a ruler who is oriented to the welfare of citizens, is to make changes in the modern law; to prohibit the practice of loans in the banking industry.

People are less happy now than in times, when the gap between rich and poor was not so big in the society, when all people lived for the good of others, and social justice was not just an empty word.

Although financially people have a better life, something more important is disappeared: high goals, unselfishness, a sense of spiritual unity, a sense of unity with each other.

At the geopolitical level, the terms the West and the East are used to differentiate countries with different ideology. Russia is the third force, balancing between the East and the West, kind of a bridge between them. For millennia the East was oriented to self-knowledge, spirituality, preserving the divine type of psyche. The West over the past centuries propagandises and imposes on humanity a demonic type of psyche: unprincipled, destructive for our entire Earth, consumer lifestyle.

The East (saying "the East" we mean, first of all, India, Tibet, Nepal) has always been focused on achieving the Universal Love, harmony with the whole world through the knowledge of our non-material nature and our relationship with the Supreme Being.

The West, on the contrary, cultivated selfishness, egocentrism and individualism, when everyone is interested only in his individual comfort. Having such a world view, it is very logical to bomb other countries for own well-being, which America and European countries have done so far. Germany and France, as the result, have flooded under a wave of refugees, that is the consequence of demonic type of politics: if you destroy others, then you will be destroyed.

Russia, as a balancing force, for millennia have always been the carrier of the human type of psyche, which is a step to divine perception of life. That is why Russia and India have always been spiritually close.

A New Ideological Doctrine for Humanity

There are two opposite approaches to looking at life:

1) To live for yourself

2) To live together with others and for others

- Aleksey Ryzhkov

In the era of communications, when the Internet, means of communication, mass-media unite people of different faiths, nations, cultures, the need to create an universal ideology arose dramatically. This ideology would unite them all, reflecting the essence of all spiritual teachings and being in harmony with modern science.

Everyone is waiting for the emergence of the New Civilization Idea, that will unite the countries and save this world, which now moves towards environmental disasters, social conflicts and economic disasters at full speed.

This idea already exists, it is simple, ingenious, easy and clear for everyone, doesn't cause doubts, is formulated in a nutshell, is easily accepted by all. Being the basis of sustainable development of society, it clearly conveys the essence of all spiritual teachings and explains the need of change of the competitive egoistic paradigm of development objectively, at the level of science. It already exists now, it's just so familiar for the mentality of many people that it is taken for granted, and, therefore, has not been formulated so far as a separate concept.

At the same time, if you take it to the leadership, this idea will easily eliminate the distortions in the value system of a modern man, will unite society and lead to the prosperity at all levels.

This is the restoration and preservation of both the human and the divine types of psyche in society, or THE PRIORITY OF RELATIONSHIPS.

At the level of the human psyche: it is the priority of relationships with all the people. At the divine level: it is the priority of relationships with the Almighty by taking care for the entire surrounding world.

The cell of the body communicates with the body not directly, but through other cells that surround it. So we serve God not directly, but through His particles, through serving other living beings, communicating with Him directly through prayers in our heart, through His Name.

The demonic type of psyche is the priority of consumption, it was imposed on the humanity by social parasites, destroying now at all levels the whole world.

We must heal this world with a new simple idea that is understandable by all: THE PRIORITY OF RELATIONSHIPS!

The progress of relationships, as the principle and purpose of the human life, - is the civilization ideology, which contains in itself the super-mundane idea of social justice and mutual assistance. This is a historically grounded "new" idea of the revival of the entire human society, reflected, among other things, in the works of V.I. Vernadsky.

It absolutely fits both the modern science and all religions that now exist. It can and should become a platform that unites all the people on the planet. This platform is a crown of philosophies, science and common sense, it's the essence of all spiritual teachings. The

only difference for atheists is that they may consider the conscious development of the relationships between people and the entire surrounding world as evolutionary perfection; as for believers such development of the relationships with each other will be manifestation of their love of the Whole, God, the Creator of all things.

About the priority of relations over the consumption it is said in one Russian proverb: *"Do not have a hundred roubles, but have a hundred friends!"* If your goal is relationships, if you have one hundred friends, then you will have a hundred roubles, and even more! But if your goal is roubles, if you betray a friendship for the sake of profit, then you will have no friends, and later - no money.

In the same view of relationships we can analyze the expression "Do not put a wagon in front of the horse!" The horse is alive, it symbolizes the relationship; but the material progress and dead things are the wagon, which follows the horse by itself. But if we put the wagon in front of the horse, we won't make far, the wagon will fall down into a ditch at the first turn, and the horse will break its spine, – that's what we see now: we are already destroying our nearest future, the countries are balancing on the verge of social, economical, political catastrophes. It happens precisely because of the destruction of healthy sublime relationships between people. If the wagon is where it should be, you don't need to worry about it: it follows you. Priority of relations entails both material prosperity and steady material progress.

It must be recognized that all the problems of modern society are the result of incorrect criteria for assessment of its development. In the assessment system imposed on us, the state of affairs in a country is estimated by the economic indicators: the amount of investments, the economic growth, the level of GDP, that is, the LEVEL OF CONSUMPTION. While **the real progress of a man and society is not the progress of consumption, but the PROGRESS OF RELATIONSHIPS at all levels.**

[The progress of relationships is the common denominator expressing the essence of all religions.](#)

The commandments of all spiritual teachings warn us about the actions that lead to the destruction of relations: "do not lie": a lie destroys relationships between people; "do not steal": a theft destroys relationships between people; "do not slander": evil words lead to the destruction of relationships; "do not be unfaithful to your husband, wife": betrayals lead to the destruction of a family and relationships. "Do not kill" (including animals and yourself): killing is the complete cessation of any relationship...

From the point of view of modern science, a man differs from animals by the higher nervous functions: **the ability to consciously build and develop relationships.** The development of relationships, therefore, **is the point of contact between science and religion.**

The well-being and prosperity of society only come when the thorough work is done to improve the relationships between people.

It is this, and not something else, should be the goal of the education system, the education in schools and universities. School graduates are now taught mostly how to make money, but the relationships they have with each other are now so poor, that the quantity of murders by teenagers of their peers and family members increases every day. Children do not know how to build healthy relationships in society, how to respect the elders, how to choose a life partner, how to build the healthy relationships in a family. They are taught other things: all the movies, they see since childhood, are oriented only to

money and enjoyment, and all computer games today are "destructors", "earners" and "killers". All this becomes their life values and their goals.

We need to love people and to use things. Now, on the contrary, things are loved, and people are simply being used because the relations were conceptually substituted for money and economical aspects as criteria for the progress evaluation. The real value is not money, but relations. Only relations, and no money, no oil make a society invincible and strong.

There is an erroneous assumption that the progress of relations, unlike the economic sphere, can not be reflected in figures. On the contrary: it is economic indicators that do not show the real picture, because under the guise of large investments, private transnational corporations destroy the economies of the whole countries and expropriate their money and resources, which formally, according to figures, belong to that country.

What is the use from all that amounts of investments if all the profits go abroad, if this will contribute to even greater economic stratification of society, enriching some and ruining others and increasing social tension?

Economic indicators do not show the real social picture. In reality it is described by the indicators of the level of relationships between people:

- the number of officially concluded marital unions,
- the number of abortions, divorces,
- the number of children in orphanages,
- the number of homeless and unemployed,
- the level of crime, domestic violence,
- the level of corruption,
- the level of social conflicts,
- the level of mental illnesses, suicides, stresses,
- the attitude towards nature - the amount of conserved and augmented natural resources.

Only by those, and not by any other figures, we can and must judge about the real health of society, the state of affairs in it.

This can be compared with a human body: GDP is the body mass that has never been the only and unconditional indicator of the health; on the contrary, excessive obesity can disrupt the metabolism.

And a healthy, inexhaustible and not excessive body weight is possible only with the proper metabolism, with the correct pH balance in a body. That is when the society is focused on the progress of relations, rather than the progress of consumption.

Progress of Relations and Creative Disclosure, Self-Actualization of Society Members.

The goal of the society, focused on the progress of relations, is the creative self-discovery, self-actualization (spiritual progress) of each individual. Money in this case is necessary as the resource for development.

And the real development is possible only in an atmosphere where they appreciate you and all your skills, do not envy, do not consider you as a competitor. The most

expensive works of art were not created for sale; the greatest deeds are done not for money, but in the spirit of serving others.

"The Motherland demands so sacrificially pure service that the slightest thought of personal gain darkens the soul and paralyses the work" - Pyotr Arkadievich Stolypin.

Self-development, actualization, full manifestation of all talents is possible only in the context of the development of relations. Love is a focus on the welfare of others, individualism is the priority of one's own good. When a person concentrates on economic indicators - he becomes an individualist, prone to antisocial behaviour. Education in the orientation to economic indicators makes people sociopaths, dangerous for society and for each other.

When people are oriented towards economic indicators, they begin to live an artificial life, which is unnatural for them, and play roles imposed on them by the "legislators of fashion", suppressing sometimes own high feelings and acting inhumanly to match the standards of prestige, prosperity and status, which actually never bring them happiness - "to be superior to others", "not to be a" loser ", etc. All relationships with others become very selfish: "What can I get from him?", "How can I use him?"

When we focus on money and personal gain - we do not really live, because we are focused on the future. While improving relations is the life in the present, the life HERE AND NOW. Live in relationships, perceiving everyone as a particle of God - this is the spiritual life, the life in the present.

The paradox lies in the fact that in the pursuit of money and personal gain, a man commits acts that deprive him of a good future. If we are focused on the development of relationships - we are focused on what of good we can do to people NOW, our right actions in the present provide us with a good future. This is a "dialectical paradox," the principle of which is not so much for its understanding, but more for feeling it through and for applying it in life.

Only in the desire to serve people a man can open up, feel himself truly as an Individual, useful to others and self-actualized.

Actualization is when someone else actualizes us, acknowledging our contribution, praising. Self-actualization, which does not depend on the opinions of others, - is an inner joy that comes to us from within, when we feel that we live not in vain, when we live for others. The difference between self-actualization and actualization is the same as between dignity and pride.

Pride is based on comparing yourself with others. A person is proud when he excels in something or when he is praised. Dignity is the inner self-respect, which does not depend on comparing oneself with others, on external approvals and praise. Dignity is self-actualization, inner satisfaction, self-esteem, which comes when we feel the value and fullness of our life, using and developing the talents, inherent in us from birth, for serving others. Only a social person, focused on relations, and not on the economy, can bring the maximum benefit to society, completely actualize and self-actualize.

A paradox number two is that most people are willing to pay for masterpieces that are created not just for money but in a stream of spontaneous creative manifestation and disclosure of personality in the spirit of serving people - to bring them joy! The one who is aimed to bring joy others with his whole life, is not able to make a flaw or treat others dishonestly.

Those, who are oriented to the welfare of others, - are like self-guided missiles, aimed to bring good to all and everyone, in any situation. But those, who are selfish, should

always be corrected, because the more a person thinks about himself, the more aggressive he is and the less sensitive to the needs of others. The Bible says that the further from God - the more commandments there are. The angels have only one commandment: Love. Because the less love, the less natural, and the more "prostheses" are necessary in a form of artificial rules that guide our actions for the benefit of others.

It is very interesting that in Sanskrit, the ancient protolanguage and the progenitor of all languages of our planet, the two different concepts: "**vocation**" and "**religion**", which in modern languages have completely different meanings, are defined by one word: **dharma**. So in a healthy and harmonious social arrangement, a person's religion meant to be the application of his inherent talents (called the vocation) in the service of society.

Each cell has its own function. In our body there are many tissues consisting of cells of different types: red blood cells, brain cells, bone cells, liver cells, muscles and the immune system cells differ from each other from the birth. Similarly, God sends a man into our world with certain skills, and by using them in service of society (social body), a man becomes happy. About such a person, who follows his dharma / nature, they say, that he is in his place, that he is a master from God, that he is a born surgeon, musician or builder. A person can really reveal his talents only in the service of others.

How to Change the World View in Society

Improving relations between people is the most important task of heads of states, based on common sense and science, especially if they proclaim that they and their people are believers and go to God.

Therefore, first of all, the political decision of the head of state is necessary: to change the concept of assessing the development and state of society from economic criteria to evolutionary ones. That is, to recognize and legislatively assert that only the improvement of relationships between people, including care for the entire surrounding world, indeed raises a person to the highest stage of evolution, makes him a Man.

Next, it is necessary to outline a program for the gradual improvement of value systems in society, the building and implementation of a new ideology, aimed at improving relations between people, aligning the legislative framework of the educational system and the media with this concept.

Below are the points, listed in details and explained from different angles, about the reasons why the priority of relations for a state and society and for each individual is more profitable than the selfish consumer attitude to life.

1. Orientation of media and modern culture

The goal of all information wars, the "fifth column", is to destroy the trust between people. Therefore, today every TV channel shows trials, suggesting that no one can be trusted in our time, not even close ones, that a dirty trick can be expected even from family members.

Let's repeat again: healthy relations between people: friendship and love, are based on trust. We can not love a person or be friends with him if we do not trust him. Even healthy relationships in a business are based on trust in partners. The state with good relations between people is invincible. The better the relationships between people, the more prosperous and stronger is the state. Therefore, we should orient the education

system, the media on improving relations between people, and replicating positive and vivid examples.

The substitution of values, changing people's outlook, cultivating low instincts and mistrusting each other through the media is a weapon more dangerous than a gunshot.

"The printing press is the most powerful weapon in the arsenal of the modern military leader" - Thomas Edward Lawrence (Lawrence of Arabia)

"The newspaper more rejoices in telling about one sinner who cut the throat of his beloved, rather than about ninety-nine righteous people, who married and live happily ever after!" - Alan Patrick Herbert.

All that we see from TV screens or read in the press is not just an information; this is the call to action of a certain type. People of the older generation are accustomed to unconditionally believe everything that is printed in newspapers and spoken on television. But the media have a strong influence also on youngsters, forming their world-view and lifestyle.

"The media today is a tool of ideology, but not an information. The main thing in their messages is the ideas, being imprinted into our minds."- S.G. Kara-Murza

First of all, it is necessary to recognize that the mass media is not just an "entertainment industry", but the education system that forms the system of vital values among masses. In schools and universities, children are given disjointed theoretical knowledge, and television, the Internet and magazines explain them how to apply this knowledge in life, explain the meaning, the values of life.

Subconsciously or consciously, people copy patterns of behaviour that are imposed through films, newspapers, magazines, TV. The media creates and consolidates the image in the mind about how to act in this or that situation, and has the greatest impact on the formation of the life values system.

In the current concept of economic priority, the media are guided not by the welfare of society, but by the commercial gain. This is the same as if schools were guided not by the interests of the state, but by the profit. You can not doubt, that the drug mafia would buy up all the class hours for a good price, and children would take exams on the culture of using tobacco, alcohol, others types of drugs.

The most effective education systems are those in which knowledge and values of life are transmitted in a playful, fascinating form. In the south of Russia in the school-lyceum of Academician Shchetinin, children learn the ten-year course in just 2.5 years, because all their lessons are in the form of a game. The same way the mass media in a game form replicates certain norms, rules, values of life through books, songs, films, TV programs, pop stars, video clips and News programs. All of them create certain images and stereotypes of behaviour in society, that's why we can consider them the main education system of modern society.

Konstantin S. Stanislavsky emphasized that the vocation of the theatre is to teach by entertaining. That is, in an entertaining form to help a person to make a step higher in his world-view and behaviour. Today, even according to the directors themselves, 90% of Moscow performances no longer teach good, but they show debauchery, vulgarity, cynicism, so they are just a step down, but not up. In the field of cinema and TV it is even worse. The heads of many TV channels and film-makers are leading society into the abyss, because they are focused not on the well-being of society, but on their personal gain: the money which they get for promoting alcohol and negative ratings.

They distort the consciousness of masses, proclaiming that "they show life as it really is without an unnecessary embellishment." Perhaps, in their distorted consciousness, life is perceived in this way, but in general they show it a few steps lower, inviting us to take a step over there, "live like everyone else does", like all those perverts, being chosen as the characters of their programs and films. Many TV shows and movies show the life of moral monsters. And perversions of the mind of scriptwriters and directors are transmitted into society; they make us see it as the norm of life. The main characters of films now are killers, people for whom the value of life of others, relationships mean nothing. The main thing for them is money. Such films and programs are extremely dangerous!!

Instead of showing on all TV channels the lives of morons and moral freaks, or characters of comedy shows who are ready to mock at anything for ratings and money, calling it "a normal, real life." it is necessary to show things which motivate people to step up, but not to step down.

The life of society depends on the quality of information flows, what people read, see from the screens. When the consciousness of people is focused on the positiveness, they become the conductors of positive changes in society. When their consciousness is focused on the negativity, they become conductors of destructive tendencies. Today, the media education system teaches us to be egoists, individualists and egocentrists, ridiculing high values.

Modern series and various talk shows make the classic occupations unpopular. Almost no one wants to be a teacher or an agronomist; now the most popular occupations are not focused on serving the society, but oriented to earning: bankers, top managers, lawyers. People are told that with the help of money they can feel more protected in this unstable world, they teach them to seek protection in money, not in relationships.

In a modern society, occupations which gain popularity are either not bringing benefit to the world, or artificially created: bankers (people borrow money not from friends but from strangers), models and show business celebrities (professions, generated by popularity of entertainment), guards and bodyguards (professions generated by the fear of people in front of society), lawyers and attorneys (instead of agreeing with each other, settling the matter according to the honour of conscience, people are going to the court). In a developed society, the need for such professions would simply be eliminated by itself or reduced to a minimum.

Imagine the body of a man who has a broken arm, and the brain only receives information about the leg bitten by a mosquito. Quite often the modern media does exactly the same. They are not giving enough attention to important and useful events, but showing mostly garbage news. From the negative, but small event, they do the news of the day, but positive news is deliberately hushed up.

To destroy the society, it is necessary to destroy the invisible ties of love and trust between people. Namely, these ties bring us happiness and joy, make the society strong. When the state and the media are focused on the progress of relations, the social organism will quickly become healthy. In films, performances and television programs, the art should glorify honest and noble people who make others' lives better, because the mission of the culture is to improve and elevate relations between people.

The public organism becomes ill when healthy relations between people are destroyed. This can be compared with the fact that liver, kidneys, stomach stopped trusting each other, and they do not cooperating with each other anymore.

And vice versa: the society becomes healthy and strong, when spirituality is high in it, when everyone cares about the interests of others as their own interests.

Mental health of parts of a body is well when they understand well that their well-being depends on the well-being of other organs and systems. **The better the relationships between people, the higher their spirituality and morality, then the more people are happy and the lower is the level of corruption and crime. Corruption and all other social illnesses of various types are the consequence of destruction of trust between people and decrease in spirituality in society.**

Morality is an indicator of a mental health, a correct understanding of oneself in this world. The higher the morality - the lower is the crime.

A society with a high level of trust between people is healthy; it can not be destroyed. Therefore, the edge of all information wars, the activities of the "fifth columns" and agents of influence in the media are aimed precisely at destroying the trust between people.

To destroy the trust and relationships, a huge industry is now working: movies, comedy shows, talk shows, where the main theme is a marriage infidelity. Shiny magazines and television projects popularize sexual life before marriage at first and later out of the wedlock.

When the leaders of the media will be guided by the well-being of everyone, but not by money they earn on the degradation of society, the situation will change quickly.

And it is necessary to start with the censorship of cinema, television, theatres, print media - all the media. The criterion for assessing the usefulness or harm of a film (a publication, TV broadcast) should be simple: does it help to increase the trust between people or it does not?

Everything that contributes to the relations improvement, the strengthening of family, the increase of trust between people, should be supported by all means. And everything that destroys relations must be prohibited.

Also it is important that films and works of art are evaluated not by artists, but by psychiatrists and psychotherapists by the idea of how this film or book will affect the relationships between people, whether it will help strengthen the family institution or promote the free sexual relationship out of the wedlock, etc.

Now the screenwriters, in pursuit of a profit, care only about how the film will be shot, about its "deliciousness", i.e. aesthetics, but not about the usefulness of that movie or TV show. Some delicious dishes can cause a lethal poisoning. In the same way, many modern films and TV programs cause a sharp, and even deadly, mental poisoning, sowing distrust in people's souls, low values of life, cynicism, fear towards others, egoism ... So, in fact, the modern art is increasingly used to destroy the culture and relationships.

***"Evil always existed, but it was balanced with Good when life was slower. But now the media is throwing out so much of Evil on people that their souls can not cope with it any more"* - David Lynch**

The relationships between people is the metabolism in a social organism. Health is determined by the level of metabolism. The better the metabolism, the better is the health. The public organism heals when relations between people improve.

The metabolic disorder is a consequence of a pH imbalance. A healthy pH balance is slightly alkaline. As soon as the acidity in a body rises, various diseases appear: parasites,

mould, fungi grow in an acidic environment, because this is a substratum for all kinds of infections. The pH balance in the social organism is the ratio of the desire to serve others and the desire for dead material things. The social organism has healthy pH balance when the relationships between people are valued more than material things or money. The pH balance in the social organism is disrupted when people start to appreciate dead things more than relationships with people. A big variety of social diseases appear in such an environment and they usually develop very rapidly. Therefore, it was condemned in all the cultures when people for the sake of material things were destroying the relationships with others. **The purpose of the culture is to maintain healthy values in society, a healthy pH balance, i.e. THE PRIORITY OF RELATIONSHIPS.**

2. Education

The higher the technology, the more dangerous it is in the hands of egoists. Knowledge is dangerous if children are not being encouraged by sublime qualities. In the light of recent events in the international arena, we see that the terrorists are guys, educated in the best universities of Europe and London. Why do they kill others? - Because the education system today does not give to teenagers and children healthy and correct values of life, does not inculcate in them the real sublime qualities, the desire to benefit others, the spirit of service to others. As a result, children become erudite - egoists, using their erudition in a way they like.

The higher the development of technology, the more the education system should pay attention and devote time to the development of sublime qualities in children that will guide them in life.

If a child is focused on the welfare of others, he will constantly improve, develop his skills, knowledge in serving the world and God. As scientific and technological progress develops, the education system should pay more and more attention and dedicate time to inculcating children's taste for serving others. This is the aim of the education system: in inculcating children with sublime qualities, selflessness, sense of duty.

Especially it becomes more important, if to keep in mind that we live in an age when robotics will soon replace 60% of people on their work places. Already today 80% of jobs do not require higher or even secondary special education (security, drivers, salesmen, hairdressers, etc.). Most of the workers on construction sites are the immigrants with elementary education, sufficient for any kind of work. There is no need in higher education in its traditional sense, in a high erudition of all 100% of people.

But there is a need (and every year it grows more and more!) in high-moral people. Therefore, we need to change the purpose and criterion of education. **The goal of education should be to inculcate noble, worthy, sublime qualities in children. Higher education is when a person has no self-interest; when he dedicates himself to the well-being, happiness of others. A person with a higher education is a highly moral person, indefatigable in loving service to others. Man is a social being. Therefore, the true goal of the education system is to teach people the right, meaning sublime, relationships with each other. If children are focused on improving relations, how they can make their lives be useful for others, the state will become stronger and stronger.**

Now, if people living in the city were noble, what would this city be like? Clean, beautiful, cosy, peaceful! "- Shalva Alexandrovich Amonashvili

"Nature creates a man, but the society develops and forms him" – V. G. Belinsky

A school has disengaged itself from the educational function, it is carried out now by the mass media, promoting immorality, disrespect for parents and priority of money over relations. As a result, an enormous growth of beer alcoholism and use of narcotic substances among teenagers, an early sex life of schoolchildren, including homosexual one, disrespectful and neglectful attitude towards parents. Most of the young people either do not have goals at all, or see them solely in achieving material wealth, using other people for their purposes.

Today, a teacher has the function of a transmitter of information, which a computer can successfully replace. Therefore, the issue of getting distance education by schoolchildren is raised more and more often. But a computer will never replace a living teacher. Because the task of the real teacher is to inculcate in children an aesthetic perception of the world, to teach them to love, to think sublime, to express themselves creatively, to feel the needs of the other. For this, the teacher himself must be a sensitive and exalted child-loving person.

In textbooks of social studies, re-written to benefit juvenile justice, that destroy families, children are persistently explained their rights and parents' obligations to them. There is not a word about the children's duties to their parents and society. During lessons, students are asked to analyse the way their parents raise them. And that is happening in the Orthodox Christian culture, where the blame on parents is considered as loutishness.

The school today not only withdrew itself from its educational function, it, with the help of such textbooks, is helping for the disintegration of society and the destruction of family. At the same time, children in school need to remember a huge amount of information, often unsystematic. And teachers say that with every new educational reform the burden on students is increasing, but the quality of knowledge is getting low.

It is necessary, taking as a basis the positive experience of humane pedagogy of Shalva Amonashvili and Michail Shchetinin, to reform the education in a way it would be focused on the formation of the relations priority in children.

3. Economy

"There is no greater joy for a man than the thought that you brought the good to others!" - Lev Tolstoy.

When a person is focused on the welfare of others, he experiences a greater joy, than when he works for own selfish goals, only for his own sake. Capitalism is an orientation toward one's own well-being. Socialism is an orientation toward the well-being of others.

All the world's experience shows that only those countries are developing well, quickly, and steadily, whose citizens are oriented to the well-being of others,. A good example is the USSR. For the sake of others and future generations, the country in two five-year plans (in ten years !!) was fully recovered after the World War II and became a world superpower! GDP growth was 30% a year, while Japan, developing faster than any capitalistic country, had a hard time giving 15%. Those campaign posters, which used to be hung at Soviet factories during the Soviet period, now are hanging at the factories of Japan. For the sake of others, people often worked overtime for free, constantly making rational proposals, experiencing a creative and emotional uplift.

Because of the consumer attitude to life, a productivity in the workplaces is now falling. Practical experience shows that wages are not the best motivators.

If not to orient people's minds on the money they will get, but on benefits that their work will bring, they will be more excited by what they are doing, more enthusiastic, increasing the quality and productivity of their work. A person experiences a pleasure from the activity itself if he does not think about money, but about the benefits that he brings to others.

Concentration on himself makes a person lazy. Concentration on the well-being of others fills the person with enthusiasm, energy, creativity. All the most fruitful people are those who live for the welfare of others.

"If only people knew that the goal of mankind is not a material progress, that this progress is an inevitable growth, and the goal is the only one - the welfare of all the people!" - Lev Tolstoy

Business can have different goals. In a God-centred society, the goal of business was the satisfaction of God. In socialistic societies, in all the reference books, in all economic institutions, the business goal was defined thus: "the goal of business is the service to society". Now all the textbooks on economics have been rewritten, and now "the business goal is to make profit"; profit-making is an end in itself.

In fact, the state should have strategic large industries, in order to successfully create an innovative type of economy, in tandem with the agrarians, but small and medium-sized businesses should be private.

4. Mental health of citizens

"Joy comes to our life when we have something to do, when there is someone to love, and there is something to hope for!" - Victor Frankl

A sense of conscience develops in a person when he is oriented toward the well-being of others. If a person is focused only on money, his sense of conscience disappears (he, at first, deliberately suppresses it, and then his sense of conscience disappears completely). Such people are called sociopaths. Sociopaths are potentially dangerous for society: all terrorists are sociopaths. Therefore, for the sake of well-being, for the safety of society, people need to be focused on the relationships, that help to develop responsibility, conscientiousness, all the good qualities. If people are money-oriented, they become unscrupulous, heartless, deaf to the problems of others. The source of all social diseases, including corruption, is the loss of people's sense of conscience, i.e. sociopathy, developing as a result of people's orientation to material things.

Self-interest distorts the soul badly. Therefore, those countries where the main value is money, have a very large percentage of mentally ill people. In America most people have mental disorders: half of the hospital beds are occupied by them. Americans like the phrase: "every person should have his own lawyer and his own psychotherapist", and are proud of it.

Why the lawyer? - because in an environment focused only on money, everyone seeks to deceive others: take more, and give less, or do not give at all – get for free, simply for "moral damages".

In this regard, they all sue each other over there, people with people, corporations with corporations. And in the conditions of ruined relations only those thrive who feed themselves on destroyed relations. They are "psychotherapists", who, in fact, do not know

anything about the nature of soul, and the "legal" system, who are scavengers of relations, coupled with alcohol and drug traffickers, the porn- and sex-industry.

5. Public safety

Morality is the orientation to the well-being of others. The higher the morality in a society, the better the relationships between people are, the lower is the crime level. The lower the morality, the higher is the crime rate. A gram of prevention is worth a kilogram of treatment. If a state starts to focus on improving relations between people, on changing their values of life from the priority of consumption to the priority of relations, a crime level will rapidly decline.

6. Family

When people are money-oriented, families break up. If they are focused on relationships, families are getting stronger, healthy and there are more and more of harmonious children.

In our time, many people mistakenly believe that mankind has made a great progress, bearing in mind, first of all, a technical progress. But according to the World Health Organization, almost every modern person, who has made as a goal the material prosperity and possession of technical novelties, suffers from depression or some kind of mental disorder. Because everything that a person needs for happiness in this world, comes from relationships, first of all, with our relatives and family.

Modern life contributes to the destruction of family ties. Parents have professional activity and desire for enrichment in the first place. They become too exhausted both mentally and physically to have quality time with children.

"The educational process is a continuous process, and certain details of it are resolved in the overall tone of the family, and the overall tone can not be invented and artificially maintained. The overall tone, dear parents, is created by your own life and your own behaviour!" - A.M. Makarenko

"The Fifth Column" perfectly understands that the destruction of the family is the destruction of the society and the state. And the family is destroyed, when the meaning of life is not the relationships between people, but money and material things. Therefore, the restoration of the priority of relations within the family is an important task on the way to a strong state.

***"Strengthen the family, because it is the basis of the every State!"
- Alexander III.***

"If the family will be destroyed, then the states will be overthrown, and the peoples will be perverted" - the Reverend Seraphim of Sarov.

In order to corrupt people, one important fact is carefully concealed from them. It was discovered by sexologists in the 1930s, that the deepest sexual satisfaction, after which a person no longer has obsession with sex, is obtained only by heterosexual couples, who have mutual love. Those couples with no love, and same-sex (gay, lesbian) couples have no deep emotional and sexual relaxation, as the result they become even more sexually active and prone to depression and sexual perversion, sex crimes, pedo- and zoophilia, violence. The growth of sexual violence is the consequence of the destruction of the deep sublime relationships between people due to their orientation to the quantity, but not the quality of their relationships.

In other words, the orientation of society on building sublime relationships with each other will bring everyone a huge, invaluable benefit, including even in perversions eradicating.

In schools today, children are actively corrupted by sex education. It is justified by the fact that "children now learn about sex earlier, acceleration is faster." But this is a lie, the child's body does not develop faster than before. And a teenage sex destroys the health, psyche and destiny of children.

In order to children do not start to learn and think about sex sooner than necessary, it is needed to introduce a ban on all porn publications and youth publications such as "COSMOPOLITAN", which gives the main place in each issue to the sex out of the wedlock, considering it as something normal. It is necessary to ban TV programs, where sex out of the wedlock is popularized: children are now free to watch them when their parents are at work or just not at home; it is also necessary to completely block an access to porn sites.

It is necessary to revive the cult of strengthening the family in opposition to the juvenile justice that was created for its destruction! It is necessary to revive the protection of the family that was in Soviet Union: imprisonment for pornography and execution for pedophilia. The popularization of homosexuality (LGBT ideology) should continue to be prevented at the state level. Pornography destroys the family, sociologists say about it. Now the institution of the family is already half destroyed, every third child is born in an incomplete family, cohabitation of a man and a woman without marriage has already become "normal". In Soviet times power authorities and society made everything possible for children to live with their parents, to know from the early childhood what love is.

Now it is important to focus attention on the education of girls in chastity and shyness. It is known that Hitler's advisers told him about Russia's moral strength: "This nation is invincible: the 80% of twenty-year-old girls are virgins." He understood that people with high morals can not be broken. That is why now such efforts are applied in order to corrupt girls, to change the woman's goal from the motherhood, to the beauty and pleasure. Even in American cartoons, you can trace the connection: either you are an unattractive woman-mother tortured by life and children, or a beautiful, sexy and childless woman.

Earlier in the Caucasus, a girl, taking off her headscarf, could stop the war, to make men respectfully look away. Now the society makes out of the girl an object of lust, and the media is teaching her how to undress in such a way that you will be desired even more.

It is important to raise the value of motherhood, because the mother is the person who not only forms the human body during its intrauterine period. She also shapes his psyche, doing this by her selfless love and own positive qualities. Mother is the first spiritual teacher of a child. The mother creates her own protection and her happy old age, bringing up the good qualities in her child, thereby solving many social issues and problems of society.

In a strong and prosperous family, a person learns to fulfil his duty and responsibility. These are the main qualities for the well-being of society.

There is a direct relationship between the veneration of women as mothers and the welfare of society. The state can not be prosperous and flourishing if the women are not protected. And, on the contrary, a protected woman-mother guarantees peace and well-being to the society.

In spiritual aspect, motherhood is a powerful method of uniting: the family, as the state's unit, and the whole state. Since the principle of motherhood is based on

disinterested and selfless love and caring for the child, which means serving him, this principle becomes an example for the relationships between people. **This principle of unselfish service of one to another is the unifying power of a state and the greatest virtue of all religions.** The first Christian commandment speaks of caring for a close one. "Love your neighbour as yourself." The principle of service unites the hearts of people, making the state a monolith, showing its strength and spirituality.

It is necessary to introduce a separate education for girls and boys - at least in different classes. For the state, this will cost absolutely nothing financially, but in the moral aspect it will have a powerful effect.

Boys need to be taught from the childhood that the purpose of men is to protect the weak ones: the elderly, women, children, even at the cost of their lives. Women need to be protected from debauchery, children - from violence, the elderly - from the need and from the uselessness in old age. Old people are the bearers of the life experience. Serving them, a person gains wisdom. It is necessary to teach the boy that his duty is to take care of the woman who gave birth to his children, to take care about his children and about his parents.

7. Religion

Spirituality is a feeling of inner unity, the inner connection of all created beings as children and particles of the Supreme Being. All true religions teach us how to improve our relationships with each other. The commandments of all true religions keep us from what destroys the relationship: theft, lying, slander, adultery, murder.

The aim of all religions is one: to transform egocentrism (self-interest) into love. Self-interest is the focus on one's personal well-being (the consumer attitude towards life). Love is the focus on the well-being of others.

The concentration of people on money increases their selfishness, and spiritual and moral degradation. It makes their life as a hell. The focusing on improving relations with others raises their life, opens in front of them the gates to the heavenly kingdom. Paradise on Earth is the state of exalted relationships between people.

It must be remembered that God intentionally created us interdependent, since the spiritual world is a world of unconditional selfless love, a world of selfless exalted relationships, about what we are taught through the multi-level connections in this world.

Because we are essentially spiritual, a care for the good of others is natural for our inner nature. Distortion of this healthy state of the psyche is the main reason of all the social (in fact - mental) diseases and conflicts.

The purpose of true spiritual teachings is to give people the highest taste of life - the taste of selfless exalted relationships, to revitalize the metabolism in the social organism. The problem is not even in the political system, but in what we aspire to, making this or that choice. When with help of school education, competent and accurate media policies, people will focus on developing relationships with each other, then economic, social and all other problems will be gone, because happy people want to make everyone happy.

8. Alcoholism

Alcoholism, drug addiction develops as a result of the consumer attitude towards life. High spiritual values, life for others is the only cure for all social diseases, including these.

Alcoholism fills the inner emptiness, which can really be filled only with the exalted meaning of life, the good relationships with others, the high ideas.

9. Health

Specialists emphasize that almost all diseases are of the psychosomatic character. Their root cause is the emotions of the negative plan: greed, anger, envy, resentment, wrath, jealousy, despondency, hatred, fear, egocentrism, laziness, etc.

All these are emotions that destroy relationships. The reason for their occurrence is the only one: the consumer attitude towards life. Depression, stress, heart disease are all the consequences of disturbed healthy relationships between people.

Direct improvement of relations between people will, in the most favourable way, improve the health of the whole nation.

Both the ancient knowledge and the luminaries of modern science say that diseases are the result of bad character traits due to wrong attitude to life and to people.

"Low spirituality, along with other reasons, leads to the decline of the personality, and ultimately - to disease" – V.M. Bekhterev

"Any disease begins at the level of the mind (manifesting in the form of one or another character trait), and then, as it develops, it reflects in the physical body" - Ayurveda

"Human health is not in the heart, the kidneys or the back. The essence of human health - is when a person is irresistibly drawn to say something good to another person "- M.M. Prishvin

10. Noosphere

In the doctrine of the Noosphere, Academician Vernadsky explains the connection between the micro- and macro-cosmos, which is the essence of all ancient teachings of the East. The essence of Vernadsky's teaching is the following: relationships between people and effects of the forces of Nature are directly related. The better the relationships between people, the more favourable conditions are created by Nature for them. But if people, striving for their personal gain, fight and conflict with each other, they cause by their actions the same aggressive effect from the forces of Nature: fires, crop failures, droughts, floods, earthquakes, technological disasters, tsunamis ...

Relationships between people is something, that, depending on their quality, gives us either natural disasters or good harvests. The more people are oriented towards consumerism and money, the worse their relationships becomes with each other, the more they experience the correctional and not very pleasant effects from the forces of Nature.

Instead of spending huge money each year to eliminate the consequences of natural disasters and disasters of various kinds, the state needs to work on their prevention through purposeful work to improve the relationships between people, increase people's trust in relation to each other. Over the past three hundred years, serious natural disasters, which took away a large number of human lives, occurred on Earth once in 30 years. Recently, they began to occur at a frequency of once in every 1.5 and even in every 1.2 years.

"Similar stressful situations, repeating with the amplification, should make a person build a correct behaviour model and apply it in practice. If a person "persists

in heresy" in relation to Nature, for example, goes into an aggression or a negative, he is eventually excluded from the "school of life" and from life in general "- V. V. Gubanov, Rector (Dean) of International Institute of Social Ecology (MISE)

Those states that are focused on the progress of relations, i.e. the evolutionary progress of a man and society, will prosper and be supported by Nature. Those states and societies that are focused on the progress of consumption will disappear.

11. Ecology

Today, in an itch for a gain, people thoughtlessly destroy the environment. When they will be focused on relationships with each other and the welfare of others, they will treat nature carefully and lovingly.

"A great number of children will be born who will learn to understand electronics and the power of the atom, as well as various forms of energy. They will become scientists and engineers of the new century, and they will have the power to destroy civilization if they do not learn to live by the laws of the spirit" - Edgar Cayce

Modern scientific and technological achievements give a person great opportunities for the use of natural resources, and become deadly if they fall into the hands of people who live by the principle: "After us - the deluge!"

The progress of relations at all levels, which also includes the care of children and grandchildren, of all future generations, is formulated in the definition of sustainable development of society: "No generation has the right to take more than can renew and pass to other generations!"

It is necessary to ban everything that destroys the ecology, that is our main priority of care for future generations, and as for those who believe in reincarnation (Hinduism and Buddhism), it will be the care for their own future in the next life: we ourselves will live in this world!

Adoption of this principle means, among other things, the rejection of intensive farming, which barbarically depletes the soil with chemicals, and the transition to a natural agrarian form of the economy, which grows food in a natural, nature-saving way.

Now, when fertile soils are rapidly destroyed by chemistry and erosion, and foods and living organisms are destroying by GMO technology, the return to natural, scientific and also non-arable technologies can restore the soil in 4-6 years, bring back useful minerals to them, increasing productivity in 1.5 - 3 times, and save the soil for future generations. But for this, it is necessary to reject the priority of momentary profit, for the sake of which private antisocial corporations, with the help of the laws promoted by them, destroy the Nature, ecological private natural types of economy, and leave humanity literally without a future.

Our care for nature should also be manifested in the fact that it is necessary to organize the recycling of paper, metal and glass, which is, of course, a bit more troublesome than throwing them into a bucket and then burning it at a garbage incinerator. So we can avoid thoughtless depletion of mineral resources and cutting down huge areas of forests that we do not plant.

12. Sociology

If people are oriented towards relationships with others, the social situation in society will improve at all levels. The birth rate will increase, because the birth rate is higher in those societies where people feel secured.

Old men will not be abandoned by their children and grandchildren, will not depend on the size of their pensions and the social welfare service.

The healthy relationships between people are also the healthy exchange of material goods between them without distortions, which increases both the mental and economic well-being of society.

13. Politics

On the example of modern social conflicts it is clear that the main war is now aimed at destroying relations between people on the most diverse platforms: religious, ethnic, racial, social. The solution to these problems is the only one thing: the **priority of relations**. The better the relations between people, the less problems are at the political level, because all political differences between people are due either to economic reasons (priority of money) or prejudice to other nationalities, and these prejudices are often artificially grown with the help of purchased media.

We live on the same planet, and none of the countries with nuclear power are interested in a nuclear war, everyone understands that there will be no winners in such a war. Therefore, in all countries, there are rapidly developing the directions of psi-wars, "brain" wars, working by destructive influences on the consciousness and subconscious of the enemy, so that he destroys himself (suicide, killing each other in internal conflicts under different pretexts). Human thinking is destructively influenced in a variety of ways, from chemicals and the media, to direct effect on the brain with the help of NLP, hypnosis, wave tools.

In developing such technologies, Russian special services noted that exposure to the negative energy-informational impacts directly depends on **the degree of selflessness of a person**: the more a person is selfish, the more he is prone to intrusion into his psyche, manipulation with the help of psychological and informational influences of various kinds. While unselfish people are many times less susceptible to destructive influences on their subconscious and consciousness. *(This information is from B.K. Ratnikov, Major-General of the Reserve of the Federal Security Service of the Russian Federation)*

Purity of the heart and thoughts, high types of aspirations are a powerful, reliable protection of the state from negative energy-informational influences.

This is a protective function of the social and cosmic organisms: those societies are viable, which are spiritually healthy, people in which care not for a personal gain, but for a welfare of all, those who find their happiness in caring for other people and in selfless and exalted service to God.

We must offer the world the doctrine of planetary security. A new peacekeeping ideology should come from our countries and unite them, peoples and the whole humanity on the platform of universal values, common to all mankind. The ideology, uniting all kinds of moral values and all true religions on a platform of common universal values, is the **PRIORITY AND PROGRESS OF RELATIONS!**

The doctrine of planetary security must contain the Declaration of Interdependence, which will proclaim: the well-being of every person and every country depends on the well-being of others. And no country or man should build their well-being to the detriment of the well-being of others or at their expense.

This doctrine should offer the mankind to reform the modern law, according to which one person or one corporation can possess unlimited material resources, bearing no responsibility in front of others for the way these resources are being used.

Resources of the planet can not belong to one person or one corporation. Because they are created by God for the equal well-being of all the beings living on this planet. This is in the first place. And secondly, every person, every businessman should be responsible to the whole society in order to use what he has for the sake of the welfare of others, but not to harm them.

The modern law legitimizes social injustice and has become the reason that the antisocial minority, pathologically dangerous for others, pursuing its own selfish goals, began to impose its will on the majority, billions of people. This minority finances terrorism, unleashes large-scale wars, destroys the ecology and economy of whole large regions.

The Declaration of Interdependence should impose the responsibility on everyone for the use of everything that he has for the well-being of others. It must also proclaim that the resources of the Earth can not belong to private corporations, private individuals.

Conclusion

Our Universe is built on the holographic principle, most of the modern scientists came to this conclusion. The holographic principle means that each part of the Universe at any time contains a complete information about all that exist. This corresponds to the ancient Eastern teachings. From this principle it follows that the feelings, thoughts and actions of each person, a group of people, of all humanity as a whole, affect the entire surrounding world.

A person in this world is in a certain educational system and is trained in three basic "bodies" (**fields** of activity): the physical body, the body of the society and the body of the Universe.

Violation of harmony on each of these three levels entails suffering of three types: suffering of mind or body, suffering from other living beings (epidemics, wars, etc.), suffering caused by the Higher Forces of Nature (natural disasters).

There are only three objects of knowledge:

1. God
2. Soul
3. Matter

And a person can experience only **three kinds of happiness**, which depend on the direction of his energy:

1) To the matter (necrophilia, eros). This is a happiness we get from those pleasures that we receive through the body, through our senses, and what can be bought for money. Therefore, those who want to rule with the help of money, pull people down to the animal and bodily level of the perception of the world.

2) To relationships with other living beings as parts of God (storge, philia). This is a happiness that cannot be bought for money. We can feel love and friendship without the help of our gross body, but by our spiritual being.

3) To the relationship with God (agape). This is a happiness from the awareness of our non-material nature, from the eternal relationship with the Almighty.

Three types of ideas about happiness form three **types of psyche**:

1) If a person seeks happiness in material things, he becomes a sociopath, a demonic type of psyche is formed in him;

2) If he seeks happiness in exalted relationships with others, a human type of psyche is formed in him;

3) If a person seeks happiness in the knowledge of his true non-material nature, in his relationship with God, a divine type of psyche is formed in him.

People with a demonic type of aspirations think basically only about how to use others for their own purposes. People with a human psyche are thinking about how to be useful to society. People with a divine psyche take care of everything that exists, of all beings in the spirit of serving God.

Most of all, we are affected by what we are looking for our happiness. From this, three types of power are formed and **three types of management of society are associated with them**:

1) If a person seeks happiness in material things and bodily pleasures, then he goes under the power of money and animal instincts - this is a capitalist type of society;

2) If a person seeks happiness in love, friendship, unselfish and exalted relations with others, he goes under the power of high ideas: justice, honesty, conscience, equality, brotherhood - this is a socialist type of society;

3) If a person realizes his non-material nature, walking along the path of love to God, he goes under the power of love – this is a God-centric monarchy, a God-centred socialism.

Management with love is a God-centred socialism, a God-centred monarchy, when a worthy holy man governs a country on the base of divine moral principles.

For a number of centuries the West led a consumer and exploitative lifestyle, destroying healthy relations between people by the ideas of people's independence from each other (individualism and demonic type of psyche). But, as a part of the single organism, we simply can not be independent, since our personal well-being depends on the well-being of everyone who surrounds us. The globe is very small, and we all live in one closed bio-system, we are all closely related to each other like tissues and organs in one body.

Instead of antisocial ideas about the independence of people from each other, the universal civilization idea should be the Declaration of Interdependence, which proclaims the progress in evolution as the progress of relationships between people and the world around them.

A new civilization idea is the historical Mission of our countries: the preservation of the human and divine types of psyche in society, or the **PRIORITY OF RELATIONS**.

The priority of relations is the one for both the human and the divine type of psyche.

For the human type of psyche it is understood as the priority of relations with all people. On the divine level, it becomes a concern of all beings, seeing their connections with the Supreme Being.

More detailed information on the topics covered here can be found in Alexander Usanin's book "Embracing Life's Spiritual Dimension. Breaking free from the current deadlock."

A book for modern politicians.

You can download this book on

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